



THE CAPITAL MAGAZINE

FINAL WORD:

Dr. John Lombardo

RESTAURANT FEATURE:

DeepWood's Dense Tastes

RIDE 23:

Godzilla Attacks!

949 LUNCHES:

Dining on a Dime

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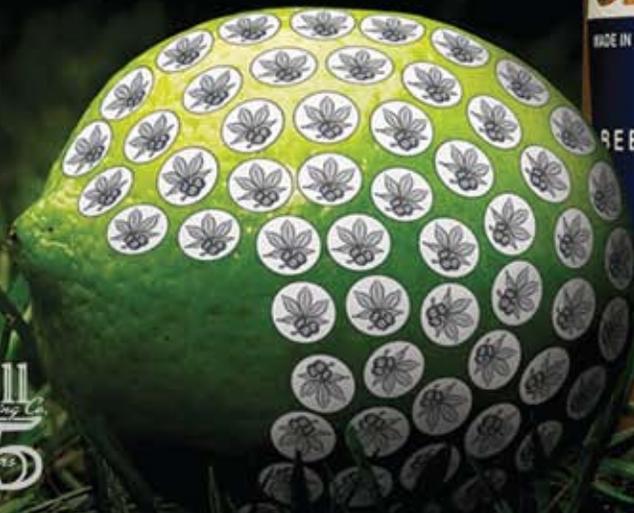
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COACH GEORGE KARL TAKES A BREAK WITH C
MAGAZINE OVER AT TARTAN FIELDS TO SHOOT
THE @#% ABOUT GOLF, FAME, FORTUNE, FAMILY
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Jason Ohlson and Wally Szczerbiak at the Westin Hotel

from the editor
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All for One

The power of one may be great, but the power of many can be magnificent. Throughout time, dating back even centuries before the rise and fruition of Western culture, intellectual and physical miracles were performed, not through godly means or magic, but by a cooperative strength of the masses. When a population subscribes--heart and soul--to a common goal, its individual members are reminded of their full potential and ability.

Today, however, when one refers to the masses, one is often addressing a general sense of average ability and vision. For Western culture, unlike its tropical predecessors, was built on individual gains. We are a culture that developed during a frozen time of sparse resources, a time that demanded a keen sense of self-preservation, thus our innate instincts to hunt, gather and hoard. The great ancient cultures before ours embraced sharing, because they could, for their resources were abundant; we embraced borrowing, and sometimes keeping, because we had to.

Individualism, for us, is a double-edged sword. On one side, it keeps conformity at bay and defends against tyranny; on the other, it sometimes severs the bonds of unified efforts. Our answer to all of this--teams. It's in our work, our entertainment and our families. This concept is in every facet of our living. It works well for our culture, because though it brings individuals together to work on common goals, it leaves room for personal achievement and competition. Unanimous dedication may be too great a leap for our current culture to take, but in small groups, we have found ways to at least take steps. Sum them all, and the distance we've covered is inspiring.

In this, our *Sports* issue, we've chosen to spotlight a handful of celebrated local figures (Dr. John Lombardo and George Karl to name but two) whose entire lives revolve around individual accountability and teamwork. Check 'em out. You're sure to be inspired.

Jason E. Ohlson

SPORTS '08



30

COVER STORY

You gotta know him from the NBA. You've probably seen him at the the golf courses around town. If you haven't, here's why: he's most likely busy earning or collecting a check from one of the 10 businesses he's related to in Ohio. If George Karl runs his newly-acquired Tartan Fields like he does his players on the Denver Nuggets, game on!

17 SUITLESS

Columbus is never at a loss when it comes to athletic talent. For this issue, we captured the sports theme through three distinct walks of life. Meet a soccer star turned world triathlete, a performance car enthusiast willing to let you try his rides for a price, and the Columbus Blue Jackets' very own fan forecaster.

22 9 for \$9

Nothing is more annoying than to have 38 minutes left of your supposed one-hour lunch break and find out that the place you've chosen flat-out sucks or doesn't fit its reputation's bill. Well, here are 9 places to dine with at least one wickedly yummy dish that could stand as a meal during your lunch hour. Oh, and they are all \$9.

36 RESTAURANT FEATURE

American Cuisine gets a bad wrap sometimes. Let's not pigeonhole this amazing experience to hamburgers and hot dogs any longer. Take for example the new DeepWood. Classic Americana is the inspiration from the moment you enter.

40 HOMEWORK

In our *Sports* issue, we were looking for the ultimate Buckeye basement. This month's homeowners dedicated themselves to building the best "Buckeye" lower level they'd ever seen. A place where friends and family could gather in numbers, enjoy a Buckeye victory and forget the stress of everyday life was a must.

51 BEYOND 270

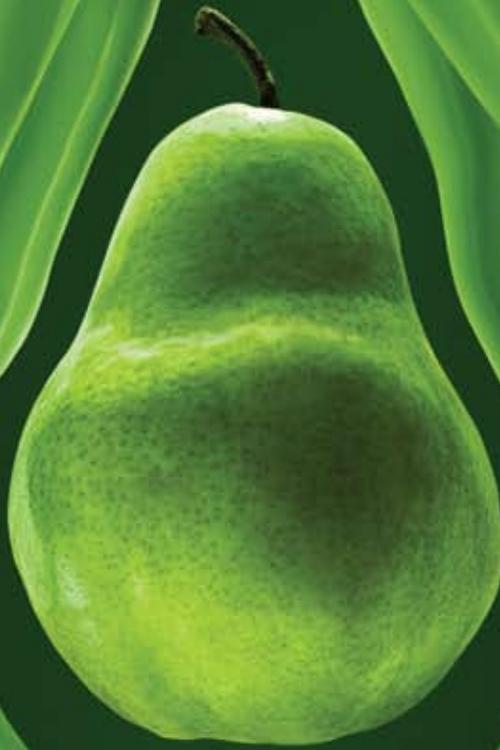
With a name that exudes a level of childhood innocence found in a grade school classroom and catchy pop hooks backed with cellos and violas that get heads bobbing, Our Cat Philip's music isn't easily defined in the Columbus music spectrum. We tried our best in this month's band feature and still can't figure out their name.

52 FINAL WORD

This month, Ohio legend Dr. John Lombardo gets the Final Word. We were honored to chill in the home of the first president and one of the founding members of the American Medical Society for Sports Medicine, and we were humbled by his selflessness.

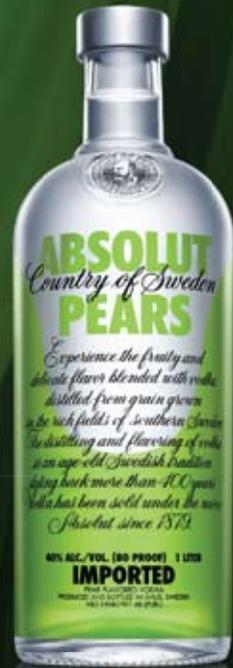


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A man with short brown hair, wearing a dark suit jacket over a light green button-down shirt, is smiling and looking towards the camera. He is standing in what appears to be a hockey arena, with blurred lights and structures in the background.

Suitless

c what they do

Ice Breaker

JD Kershaw

Story | Cary Smith
Photo | Eric Wagner

Like any Canadian kid growing up, J.D. Kershaw wanted to play hockey. He played at a young age and took the path to playing professionally through prep school and college in the United States. He played in Europe for a couple of years and skated around for a few more in the minors. Well, he finally made it up to the NHL, except he's not on the bench or the ice, but in the front office.

Kershaw took an unlikely path to get to where he is today. He learned the ropes of an NHL front office with the San Jose Sharks when he was given a shot in their marketing department. Then, a couple of years down the road, he was given a once-in-a-lifetime opportunity. "The NHL asked me to work in their European offices in Zurich," reflects Kershaw. "I learned a lot about marketing and the business side of the game there. Doing business in so many different countries really added to my experience."

He came to be in Columbus after his wife, Kimberly, was brought in to be the Columbus Blue Jackets' director of event presentation. They also asked J.D. if he would be the director of marketing and fan development and he jumped all over it. "I always knew that I wanted to stay involved in the game," says Kershaw. "Guys like me typically become a scout or an assistant coach when they are done playing. I was given an opportunity in the office here and it's something I really enjoy now."

Even though the seats haven't been packed as much as he'd like, he sees a beaming light at the end of the tunnel. "I've seen it happen already in San Jose," says Kershaw. "As soon as this team makes the playoffs, it's going to take it to a whole new level. It will never be the same again." With the new season starting the way it has, his theory may be tested earlier than later.

For more information on the Blue Jackets go to www.bluejackets.com

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Loaded with Options Jon McGinley

Story | Cary Smith
Photo | Eric Wagner

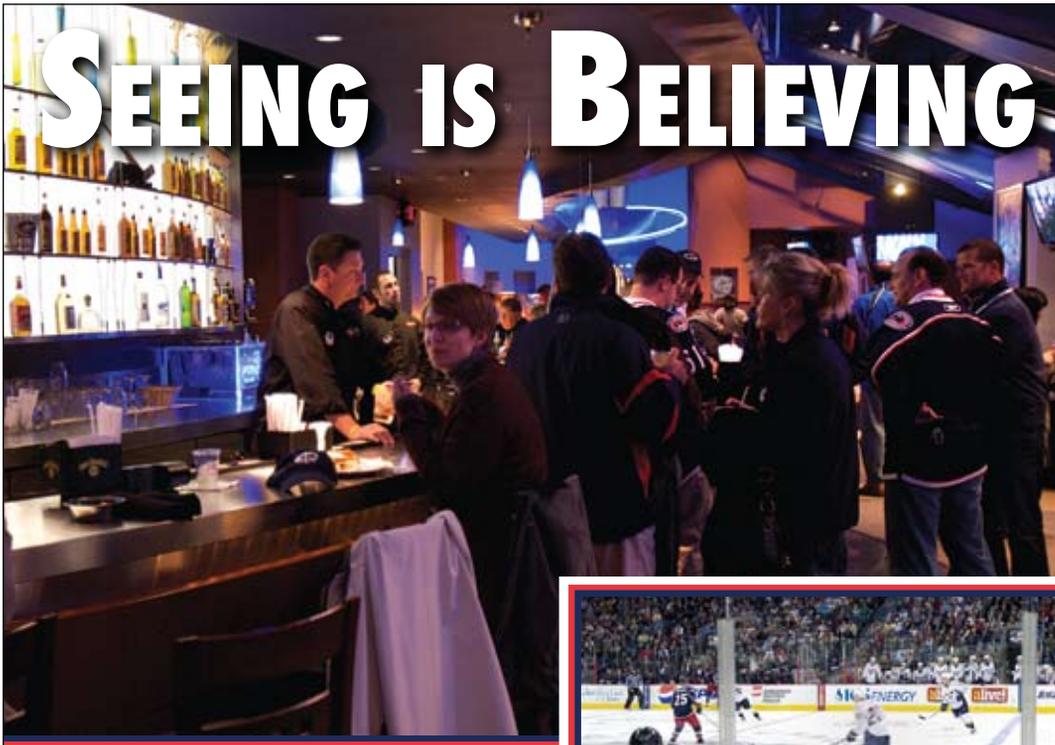
Cars and John McGinley have always gotten along very well. Even at an early age, he would go out of his way to take a chance at seeing the red Corvette or the Mustang that he found so appealing. "When I was in elementary school, I would take special detours on my way to and from school to check out all the cars in the driveways," says McGinley. "If something caught my eye, it would pretty much determine my route to and from school."

It should come as no surprise that McGinley started collecting cars as soon as he could. He started with a rusty 1967 Mustang that he brought back to glory and still gets out of the garage on occasion. As his collection increased, he devised a way to share his fleet with a small part of Columbus at a small cost. His idea, which he had seen first on the West Coast, was for a sports car club where members could take out any of his exotic cars for a weekend at a time. "I wasn't worried about it catching on here in Columbus," says McGinley. "If golf works here, and is big here, why wouldn't the same model as a county club, only with cars, work?"

The Sports Car Club, housed at Wedgewood Sports and Imports in Powell, boasts a growing membership and a fleet of 4 cars that will only grow as the club does. The cars range from a 1997 Corvette to a Ferrari 348. They can all be driven for a small price to the member. "These aren't cars that you would drive every day," says McGinley. "Why not have the choice of four cars to drive than just one?"

For more information on the Sports Car Club go to www.justdriveme.com

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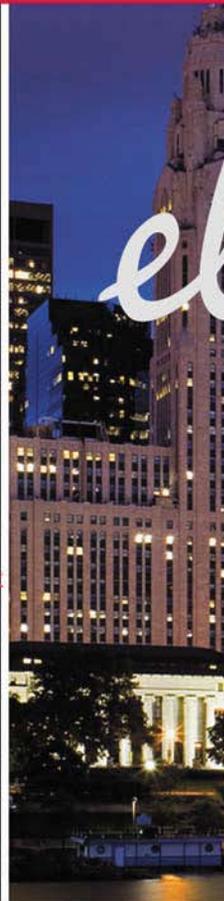
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Running on Pride

Katie Arnold

Story | Cary Smith
Photo | Eric Wagner

Katie Arnold didn't find out she had qualified for the Ironman World Championship triathlon until she was getting fluids pumped into her and regaining consciousness in a Michigan hospital. "I had just kind of collapsed at the end of the race," says Arnold. "When I woke up at the hospital my friend was telling me that they thought I'd come in first (in her age division) and I didn't believe them."

That unexpected victory cleared the way for Arnold, a Columbus native, to participate in the World Championship in Clearwater Florida this November, a position she didn't think she was going to be in a couple of years ago.

Soccer was Arnold's first love until a fluke knee injury during a high school practice caused her to shy away from contact sports and find a new place to direct her energies. Her original plan was to get a scholarship and maybe try her hand at professional soccer. That injury changed everything. Rather than wallow in frustration and despair, Arnold reacted to her situation like a true warrior and rolled her talents and drive into another sport, arguably the most difficult of them all: triathlons.

"I think I just saw a triathlon on TV or something and thought, 'I could do that,'" says Arnold. "So I started training and doing half-marathons and working my way up."

Getting ready for a triathlon is a no easy task. Arnold's training regiment before she qualified was something completely of her own design. Now she's hired a coach to help her with some areas and trains pretty much every day in the pool, on the bike and running all over the Columbus landscape.

"Motivation isn't a problem for me," says Arnold. "I'm an ultra competitive person. It's just in my nature."

For more information on the Ironman World Championship go to www.ironman.com/worldchampionship70.3

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Flavor's Eatery

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The bright colored décor, complete with a surfboard mounted to the wall, embraces the laid back California attitude that is at the root of Flavor's Eatery. The menu is health conscious heavy, with a variety of wraps and open face sandwiches delivering big portions with a west coast twist. A house favorite is the **Popeye Spinach pizza (\$7.50)**, with feta cheese, spinach, tomatoes and kalamata olives piled high over the house sauce. Most dishes are served with chips and their amazing signature salsa that is made in-house daily.

Buffalo Wings & Rings Sports Café

1574 Stringtown Rd. (614) 801 0900

They're not sure if it's a good or bad thing, but the owners recently discovered they spent more on the four HD projection-screens and 13 flat-screen HDTVs than they did on their combined college degrees. We vote 'good thing' because, aside from great views from every seat, there are great spectacles in every bowl of **Original Wings (\$7.49)**, especially when served with a heaping basket of curly-Q Potato Rings. The café in Parkway Center North, a.k.a. the Best Buy plaza, stake claim in having 'the best burgers in town', and their gyros are nothing to shake a bone at.



Original Wings (\$7.49)

Tai's Asian Bistro

1285 W. Lane Ave. (614) 485 0016

These Asian take-out places are popping up like Kudzu in Columbus these days. Tai's shows us why. Their robustly seasoned cuisine is tangy, spicy, tart, sweet and salty—completely unlike anything we in the West would ever have thought of. Yet, even the most medium-well-steak-and-potato, timid eater seems willing to try it. The **Sichuan Chicken Chow Fun (\$7.95)** may look odd, but the firm chewy noodles with spicy, ground-chicken sauce will make you forget all about appearances. Just like your momma told you you should. Plus, they have ground chicken in lettuce wraps, like the ones that are popping up on all the corporate places' menus – only Tai's are probably made from an old family recipe, not in an industrial test kitchen.



Sichuan Chicken Chow Fun (\$7.95)

Krema Nut Co.

1000 W. Goodale Blvd. (614) 299 4131

Every once in a while, you find something so good, so pure that it makes your soul smile. One such treasure is a truly homemade **Vanilla Milkshake (\$3.00)** and **PB&J Sandwich (\$4.50)**, and it can be found at the Krema Nut Company. For over 100 years, Krema's been in-house roasting the finest nuts money can buy, which they brilliantly use to make several versions of gourmet butter. A sandwich here belongs in a Rockwell painting.



Vanilla Milkshake (\$3.00) & PB&J Sandwich (\$4.50)

Black Creek Bistro

53 Parsons Ave. (614) 246 9662

The white table clothes don't dictate the experience, and parking's not as bad as it seems. The intimate atmosphere is fit for flip-flops or suit coats, and the secret is to park in the lot across the street. The whimsical menu is exciting because its selections are in flux with the seasons. They really show off the personality of the kitchen with unexpected yet savory twists on familiar dishes. The Asian marinated chicken with almonds, sesame-honey dressing and crispy noodles makes the **Asian Chicken Wrap (\$8)** a lunch item we hope they keep around for awhile.



Asian Chicken Wrap (\$8)

Dreamy Winter

A Midsummer Night's Dream



A Midsummer Night's Dream is one of the most magical of Shakespeare's productions, but now it's even more mystifying with a cast made up of actors, dancers, martial arts experts, musicians, and street acrobats from India and Sri Lanka, with the dialogue being delivered in English, Tamil, Malayalam, Sinhalese, Hindi, Bengali, Marathi, and even Sanskrit. This sensual and physical re-interpretation of the play casts aside familiar traditions of performing Shakespeare and replaces them with an epic and intuitive power which has captivated audiences worldwide.

The original casting of this production was a marathon event in itself. Strenuous auditions around India and Sri Lanka led to the creation of an initial shortlist of 100 actors (later whittled down to 60) who were brought to the National Centre

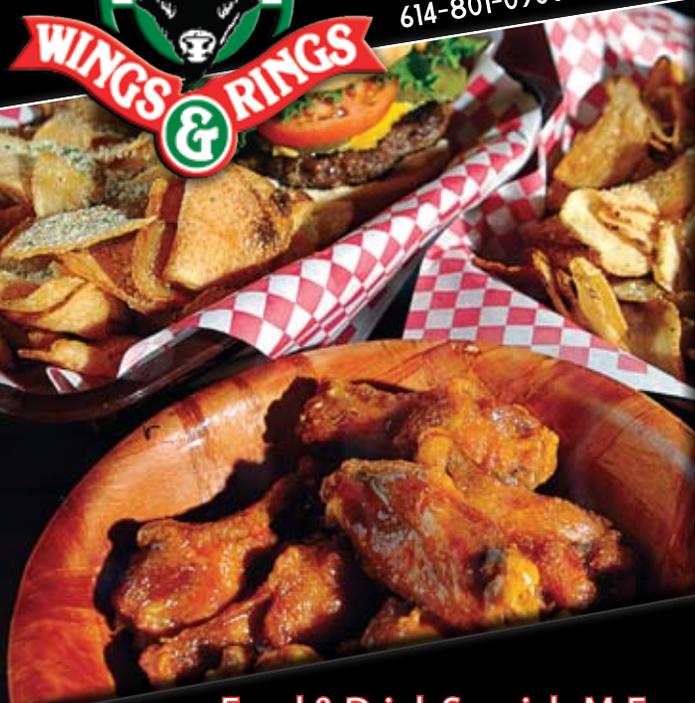
for the Performing Arts in Mumbai, where director Tim Supple and his team had the hard task of choosing the final performance cast of 22. The different languages and radically different cultural backgrounds and performance styles of the cast have produced a melting-pot that promises to lead to a unique interpretation.

This wonderful event will arrive in Columbus on November 19th and run till November 23rd at the Southern Theatre. Tickets are \$57.50-\$11.50 (Thurs. show only) and can be purchased through Ticketmaster or CAPA.

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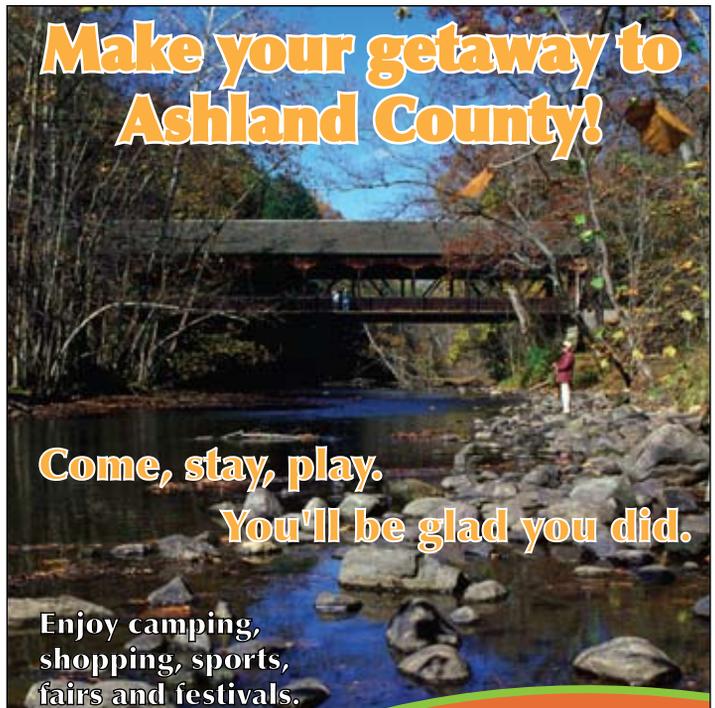


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Pataya Shrimp (\$8.95)

Chi Thai

5577 N. Hamilton Rd. (614) 471-8988

Though honest, un-Americanized ethnic food is difficult to find throughout most of Columbus, one location not only cooks it perfectly, but they do so in a comfortably modern and polished way. Chi Thai's name around New Albany is solid, so everyone knows who they are. With such a following, one would expect a bold entrance. Not so. The service and food do the talking here. When we pulled through, we dove into a bowl of **Pataya Shrimp (\$8.95)**: jumbo shrimp, baby carrots, snow peas and spicy tomato sauce. One bite and we immediately grabbed the menu a second time to schedule round two.



Caniac Combo (\$7.69)

Victorian's Midnight Cafe

251 W. 5th Ave. (614) 299 2295

Vic's has historically been a place for free thinkers, a platform for social justice, poets and singer-songwriters, and just a cool place to grab a bite to eat, a good beer or a mug of grog. Now in its 10th year, they've expanded with the addition of a full-service bar. But no doubt about it, Vic's will always be a Mom & Pop joint with an Amsterdam coffee shop vibe with the grooviest patio in Victorian Village. For the starving artists, or journalists, the specially seasoned half-pound Angus **Vic Burger (\$6.00)** is only \$3 during happy hour (M-Th 4 to 7).



Vic Burger (\$6)

Hama

3945 Easton Station (614) 478 9543

If it's been awhile since you've visited, Hama is a different experience these days. The interior has been completely renovated with a contemporary Japanese restaurant theme, and according to Hama's new owner Won, their chef Scott Kim is the #1 roll maker in Columbus. Kim's professional training and 13 years experience definitely shows through in the over 60 fresh rolls available on their remarkably extensive and vibrant lunch and dinner menus. The delicious blue crab in the handmade **Crispy Crab Cakes (\$9)** is brilliantly served in the house-special mustard butter sauce and is a great catch to get you reacquainted with Hama.



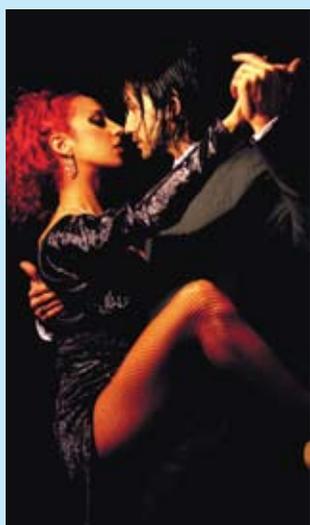
Crispy Crab Cakes (\$9)

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Raising Cane's

2823 Olentangy River Rd. (614) 261 0011

For those of you who have been hankering for some killer chicken fingers, Raising Cane's will fix your fix. Theirs are the exemplars of chicken fingeriness, likely because it's all they do, all day, every day. Holly criznap do they have it down. Our precision micrometer found the coating thickness within two microns of perfect, and our highly-advanced flavometer found that the fries are almost (87-92%) as delicious in the Cane's Sauce as the fingers. Give your hankering a workout and get the **Caniac Combo (\$7.69)**. There are so many fries and fingers in there, it automatically comes with double sauce.



Caliente!

One of the most seductive dances around is the Tango. It has even reached living rooms worldwide, thanks to the help of *Dancing With The Stars*, but not even they are as hot as the performers of *Tango Fire*. The one-night-only event on November 23rd at Ohio Theatre features 10 fiery dancers, a quintet of brilliant young musicians and two remarkable singers that follow the history of the sultry dance from its origins in Buenos Aires to the Roaring Twenties to today. Bring a fan; you're going to get HOT!

Fiery Duo

One has entertained audiences with her fiery Country songs and hysterical sitcoms, the other won over America during the first season of *American Idol*. Reba McEntire and Kelly Clarkson hit the Value City Arena stage on November 20th with two bands and one non-stop set. The show has already sold out in 15 cities so if you don't have your tickets yet, don't blame us if you can't "C."



Bah Humbug!

A Columbus tradition for more 30 years returns Thanksgiving weekend at the Ohio Theatre. The Nebraska Theatre Caravan returns with the national touring production of *A Christmas Carol* and captures every detail of the Dickens classic. From crotchety Scrooge to loveable Tiny Tim, this is one historic tale that never gets old and Columbus audiences have come to make this enchanting event part of their own holiday celebration. Get your tickets now before time runs out!





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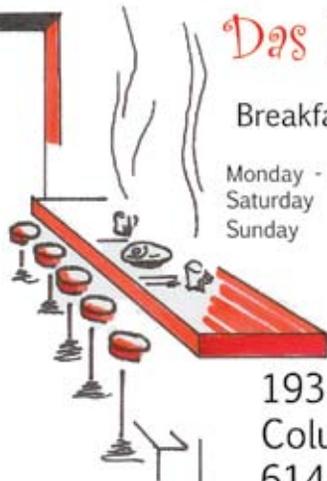
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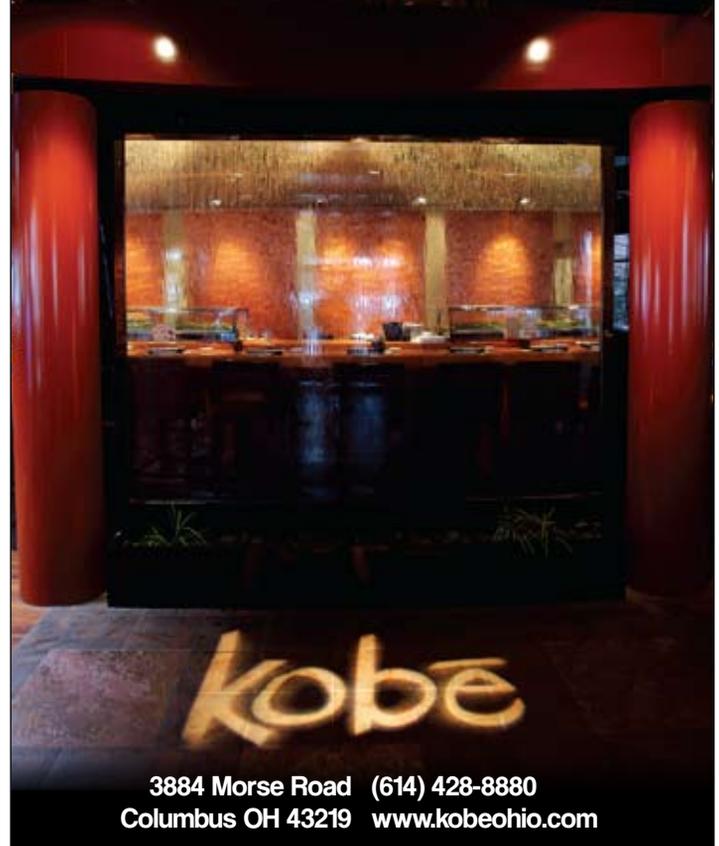
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Back and Forth

George Karl

Story | Jason E. Ohlson
Photography | Eric Wagner

HE'S ESTABLISHED HIMSELF AS ONE OF THE NBA'S PREMIER COACHES AND CURRENTLY KEEPS THE DENVER NUGGETS ON THEIR TOES. HE'S BATTLED CANCER ALONG SIDE HIS SON AND MAINTAINED A POSITIVE OUTLOOK ON HIS PLACE IN THE WORLD AND IN THE DYNAMICS OF HIS FAMILY, THE MOST CHERISHED UNIT IN HIS LIFE. HE'S TRAVELED THE GLOBE AS A BASKETBALL AMBASSADOR, SPREADING JOY AND APPRECIATION FOR THE GAME THAT'S MADE HIM WEALTHY, WORDLY AND WISE. AND THOUGH GEORGE KARL'S ENTIRE LIFE CENTERS ON SPORTS, IT IS HIS BUSINESS SAVVY AND VERSILITY THAT MAY LEAVE THE GREATEST IMPRESSION ON THE WORLD AROUND HIM. WITH REGARDS TO COLUMBUS, OHIO, THIS NOTION MAY NOT BE TRUER. HE'S INVESTED IN NEARLY A DOZEN LOCAL BUSINESSES RANGING FROM GOLF GREENS TO CONCERT VENUES TO IRISH PUBS. READ THIS MONTH'S EXCLUSIVE INTERVIEW WITH THE BIG MAN HIMSELF. YOU'LL BE SURPRISED AT HOW CONNECTED THIS CAT REALLY IS IN YOUR OWN BACKYARD.

EXCLUSIVE

Q & A

Being a philosophy major in college, how have you used that knowledge in what you do today?

A lot of people have called me a thinker and I enjoy thinking about all sorts of things. I like delving into a lot of topics from religion to politics to basketball to international affairs. In basketball, the head coach has to be able to wear a lot of different hats. They have to be able to communicate to the front office, to lawyers and agents and players from many different diverse circumstances from the inner city to Europe. I think that the more diverse in your thoughts you are the more ability you have to form relationships and/or communicate with people from different areas and different sociological backgrounds.

Plato or Aristotle?

Aristotle. I'm softer.

Nietzche or Socrates?

I like Nietzche, but if I had to read every day, I would take Socrates. Nietzche is too harsh and rough to read every day.

Vince Vaughn or Will Ferrell?

Will Ferrell, no question.

If you could sum up your philosophy of life in one sentence, what would it be?

There is a guy that just made millions of dollars on t-shirts that say, "Life is Good." I really like the philosophy that life is good. Our goal on life is to make it better. I'm a very straightforward guy. I think you always have the ability to make life a bit better.

What 3 words would use to describe yourself?

Eccentric, because I am different, but I'm different because I like looking at things differently. Committed and passionate too.

Why is Columbus so special to you, besides the weather?

Columbus had just fallen in my way. I started befriendng Brett Adams and a few people when I was coaching in the CBA a long time ago. It was kind of early in my career—be it an escape from basketball to have some fun playing golf—and I met more and more people every time I came to Columbus and got involved in some businesses. I've just really enjoyed it. I grew up in Pittsburg and it is a lot different. Columbus has a lot of



soulfulness similar Pittsburg, but it is fresher and newer. It has been my escape to be with friends and enjoy golf and get away from basketball in the summer time.

Describe a perfect day in Columbus when you come to town.

A fall day when the colors change, it's crisp but sunny, with an Ohio State football game after playing 18 holes of golf...

Who has a better golf game, you Bret Adams or Michael Redd?

Neither one of them can beat me. I hear Michael is vastly improved. I haven't played with him in a couple of years.

What is your favorite book?

The new Friedman book- Hot, Flat and Crowded. The Art of War as well, though I don't know if it's my favorite book, but the one I read the most and it makes a lot of sense.

What is the best thing about being a coach?

The best thing is you have a large

“ **In the NBA today, 80% of our citizens are great and committed professionals.**
The other 15-20% get too much attention. ”

family of assistant coaches, trainers, players and a group of people really close to each other. You have problems and anxieties and play the game you love. And you get to compete, which I think is healthy. And for some crazy reason we get paid to do it.

How has you and your son having cancer defined your relationship?

I think all of us who have had the privilege of living through cancer I think it's given us a more honest value for life. We value our family more. I think he and I have gotten stronger, but mellower towards life.

Oatmeal and a banana or steak and eggs?

Steak and eggs.

As far as basketball goes, what is the deal with Isaiah Thomas?

I don't think we are two people that are going to like one another. I don't have any anger or hatred for him; he has just done things that have put him on the list that I would not like to have any interaction with.

What moment are you most proud of in your coaching career?

Winning game 7 in Seattle that sent us to the NBA finals.

As a father, what is the most important piece of advice you can give your children when they too are parents?

My dad raised me on two words: respect and responsibility. Also, positive energy vs. negative energy. I am a big believer that a positive attitude on a daily basis can really conquer anything.

Explain your love of motorcycles.

I fell in love with motorcycles when I was coaching in Great Falls, Montana and didn't have enough money to own two cars, so I owned a Honda 650 and I drove it around Great Fall, Montana in the middle of winter! And then my ex-wife got me a Harley and I got into that for a while, but I'm getting too old for it now. It's too dangerous for me right now. I want to try to live till 100. My dad made it to 95, so I'm hoping

CAREER AVERAGES

YEAR	TEAM	REGULAR SEASON			POST SEASON		
		WINS	LOSSES	PCT	WINS	LOSSES	PCT
1984-85		36	46	.439	1	3	.25
1985-86		25	42	.373	0	0	.000
1986-87		42	40	.512	4	6	.400
1987-88		16	48	.250	0	0	.000
1991-92		27	15	.643	4	5	.444
1992-93		55	27	.671	10	9	.526
1993-94		63	19	.768	2	3	.400
1994-95		57	25	.695	1	3	.250
1995-96		64	18	.780	13	8	.619
1996-97		57	25	.695	6	6	.500
1997-98		61	21	.744	4	6	.400
1998-99			28	22	.560	0	3
1999-00	42		40	.512	2	3	.400
2001-01	52		30	.634	10	8	.556
2001-02	41		41	.500	0	0	.000
2002-03		42	40	.512	2	4	.333
2004-05		32	8	.800	1	4	.200
2005-06		44	38	.537	1	4	.200
2006-07		45	37	.549	1	4	.200
2007-08		50	32	.610	0	4	.000
TOTALS		879	614	.589	62	83	.428

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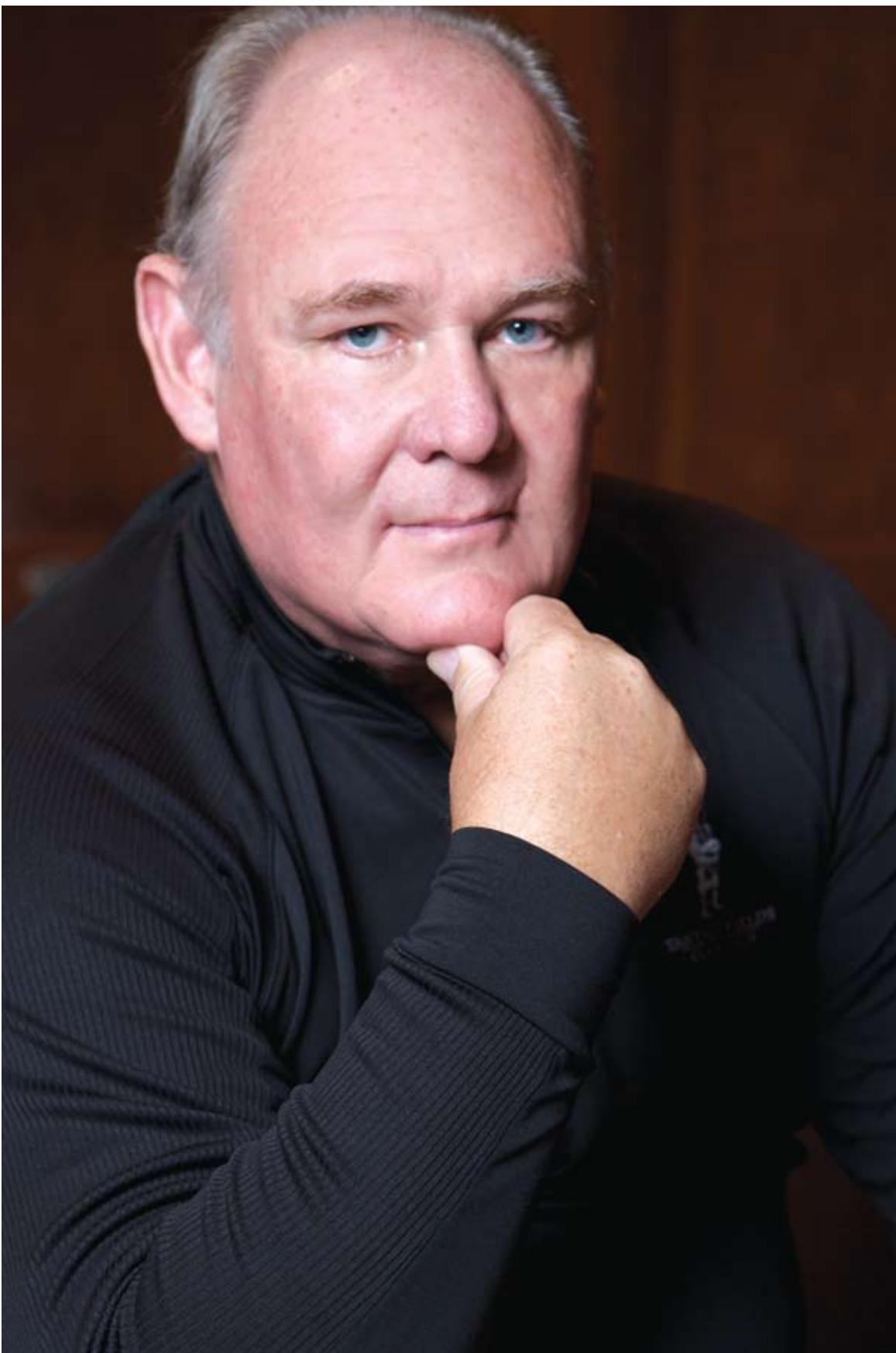
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“ You have problems and anxieties and play the game you love. And for some crazy reason we get paid to do it. ”



I can make it to 100.

Where does the NBA stand in terms of social care and concern?

In the NBA today, 80% of our citizens are great and committed professionals. The other 15-20% get too much attention. I think the media is attracted to the dysfunction. Character and class come in a lot of different packages. People who do not have a tremendous IQ or do not have a lot of money and haven't graduated from college or high school, they can still have a great amount of class. I think that is a great lesson that the game of basketball has taught me. It's not about where you come from; it is about what you learn from where you come from.

If you were President, what would be your first law?

I would ban all smoking, and I would budget a plan to find a cure for cancer in 10 years.

How do you challenge young men who make millions of dollars to be the kind of men that kids can look up to?

In the NBA, we are not as mentor oriented as the college coaches are. But I think the challenge that we have in the NBA is that we have many circumstances that you can learn and teach by. From losing, to difficulties of 82 games and to persevere through the bad times, to how we lose, to staying disciplined on the off days... I talk all the time about thanking the game and giving something back to it. It is fantasyland that we get paid millions of dollars to play the game of basketball.

What about a veteran who thinks he's seen it all?

Our philosophy is simple—everyone likes to get better and learn about the game. We challenge our guys to get better a little every day. We stay away from talking down to them. We are a part of them and they are a part of us. Our job is to teach and direct and coach.

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“ I would have changed the knowledge and ability to handle being a good husband and father to my first family and not be dominated by the game of basketball. ”

For many years, I do as many events that I can for kids. And now cancer has been high on my priority list, so now anything that has to do with cancer I try to help out with.

Carmello Anthony: is he a team player or playmaker?

He is an individual player playing a team game. He has his moments when he is searching for that understanding. The Olympic experience is going to help him.

Is LeBron as much of a complete player as Jordan?

No, not yet.

Does he have the same size heart?

Not yet. 99.9% of the players don't have that heart.

Chianti or Cabernet?

Chianti.

Why have the Americans been having trouble in International basketball competitions?

There is a pride around the world to beat us! Winning the world championship or European championships for your country is more valuable. This year was the first time I had actually heard Team USA players say that winning the gold medal was more of a win than an NBA championship.

If you could change one thing in your past, what would it be?

I would have changed the knowledge and ability to handle being a good husband and father to my first family and not be dominated by the game of basketball, where I probably cheated them out of many good nights and many good days. The knowledge of relationships that I learned later in life I wish I would have learned earlier.

What defines George Karl today?

A daily energy to get better and be a strong influence in my family. To do things the right way.

How do you want to be remembered?

As a loving father and ambassador to the game of basketball.

We understand you are a scratch golfer. If so, how long did it take to get there?

I've never been a scratch golfer. I've been an 80-90 golfer my whole life. I would like to get low 80 once again. I haven't been there since I had hip surgery.

Do you plan on spending a good part of your retirement in Columbus, Ohio?

Yeah, there will be moments and even months of hanging out at Tartan Fields trying to figure out how to play golf better.

Tell us about your foundation Friends of Hoop.

Basically to give back to the game of basketball through AAU coaching and referee clinics, summer leagues, funding scholarships... We run the King Holiday Hoop Fest in Seattle and Milwaukee that raises money and celebrates the game of high school basketball.

I was told by a reliable source that you donate more of your after-tax income to charity than virtually every celebrity in the country.

I don't know about that. I know my foundation doesn't have a lot of sponsors. The sponsorship is usually my checkbook. And that's fine, because the relationships and stories and experiences are well worth the donation I give.

What is your favorite central Ohio course other than Tartan now?

The Golf Club.

What are your long-term plans with Tartan, and what do you think of the membership 9 months into your ownership?

I think the membership is strong. I would like them to become a part of the club and more involved with the

club. My long-term goal is for it to be a great course and for it to develop and mature. I'm the majority owner.

Explain your connection to each of these:

Golf Club of Dublin.

Another investment that came after Tartan. I'm a small owner, maybe 10% or so.

Promowest Pavillion.

That was Bret Adams. We met the guy that runs it and he needed some loan money.

Columbus Hoop.

Long time ago I had the idea of having a gym with lots of courts to put on leagues and camps. I thought it would be a good idea to give back to the game of basketball.

Corazon Club & Spa.

It was a financial experiment that I still think will work along the way in the end.

Brazenhead on Fifth Avenue.

Always a fun place to go to and have some beers and hang out, so I thought it would be cool to be a small percentage owner in it.

AD Farrow Harley Dealerships.

I liked the history and tradition of Harley Davidson having lived in Milwaukee. We have been very successful in it. It has been a very fun investment. I'm hoping the economy will help the Harley Davidson bounce back.

Olentangy Commons Apartments.

We loaned them money and every month I get 10% interests. It's one of the better investments that I've made.

Toledo Hoop.

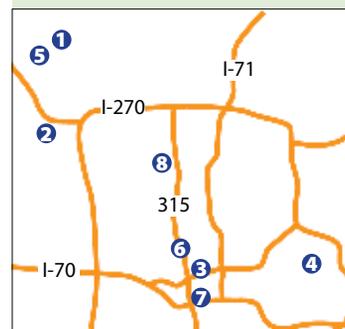
Kind of a political thing. The mayor saw Columbus Hoop and wanted something like that in Toledo. It has turned into a nightmare due to some problems they've had with landfill problems. I'm an environmentalist and don't think we should be destroying the land.



Owning the Town

Even though he resides in Colorado, George Karl has his hands in the cookie jar of Columbus businesses. His investments include, but are not limited to:

- 1 Tartan Fields
- 2 Golf Club of Dublin
- 3 Promowest Pavillion
- 4 Columbus Hoop
- 5 Corazon Club & Spa
- 6 Brazenhead on Fifth Ave.
- 7 AD Farrow Harley Dealerships
- 8 Olentangy Commons Apt.



The Fare

how to dine



Modern Memory

Deepwood 511 N. High Street Columbus, OH (614) 221-5602

Story | Matt Turnipseede
Photography | Eric Wagner

American Cuisine underrated? Perhaps. Undefined? Without question. When you're asked if you "feel like Italian tonight," you'll know exactly what that means. Even if you've never been to Italy, enough portrayal on the silver screen allows us to envision bold red sauces topping mounds of pasta, while a complex Chianti nestles in every glass. When you are asked about your favorite Chinese restaurant, you probably think of the corresponding number to the pictured dish on the wall you always order. But American? Please don't pigeonhole this amazing experience to hamburgers and hot dogs any longer. It's so much more.

Take for example DeepWood. Classic Americana is the inspiration from the moment you enter; the colliding aromas of home-brewed beers and slow-

roasted meats dominate your senses. Her "home," as owner Amber Herron wants her guests to feel like they've entered, is divided into two rooms: Tavern and Dining.

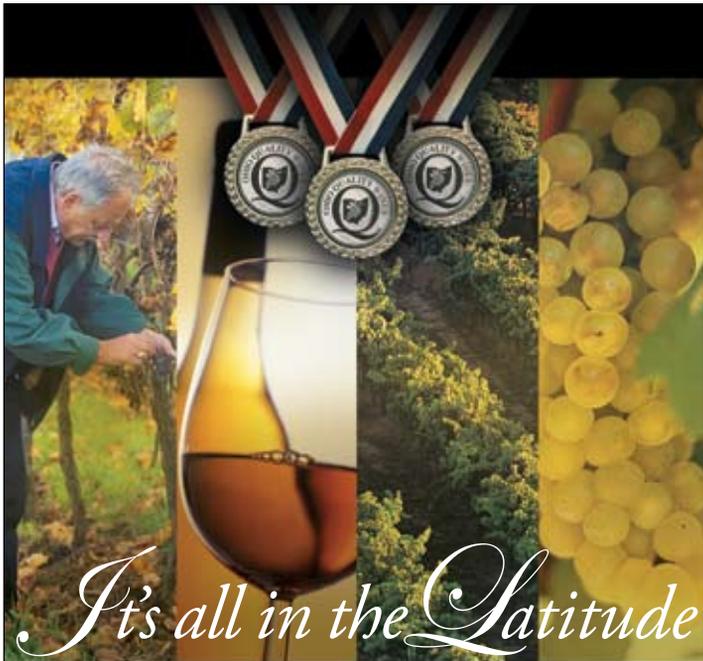
We've taken the liberty of creating a game plan for you, so it's off to the Tavern first. It is here that you'll find Sous Chef Colin Vent's house brew. Of course, Miller Light is available, but you're not coming to DeepWood for Miller Light. Think is knife and fork beer! The types of brews you can really chew on. Try Bell's Oberon from Michigan to gain an appreciation for rich orange, coriander and hay combinations, or opt for Oregon's American Amber for a supreme roasted malt flavor. If a cocktail is calling, DeepWood's Boardwalk gets the nod. It fused Gran Manier and Chambord with Goose Citron and

some fresh lemonade; it's pure vacation on the rocks. The Tavern even has its own menu that features appetizers like Duck Confit Spring Rolls with cherry jam, or a guest favorite, the Seared Scallops. Chef Brian Pawlak pairs these jumbo sea scallops with a pomegranate buerre blanc and a crispy potato cake casing to arrive at an unbelievable, plate-licking result. Large semi-enclosed booths are available in the Tavern for a more intimate feel.

Now, off to the Dining Room, where a wine list featuring flavors from all corners of the globe will meet you at your table. This limitless set of options was hard to narrow down, but after deciding to start with the Veal Sweetbreads, there was little doubt that a French Grenache Blanc by Roussanne would be the ideal match. With an apricot cipollini and seasoned

bacon compote, this is the best veal starter in Columbus, and the wine unleashed a new set of flavors as it wrestled with the apricot for taste supremacy. Next on the list had to be the Vermont Quail, with an all-star supporting cast of apple-butter squash, whipped goat cheese and delicious fig reduction drizzled over top for a powerfully tasty finish. Catching on yet? DeepWood's definitely got some dense tastes.

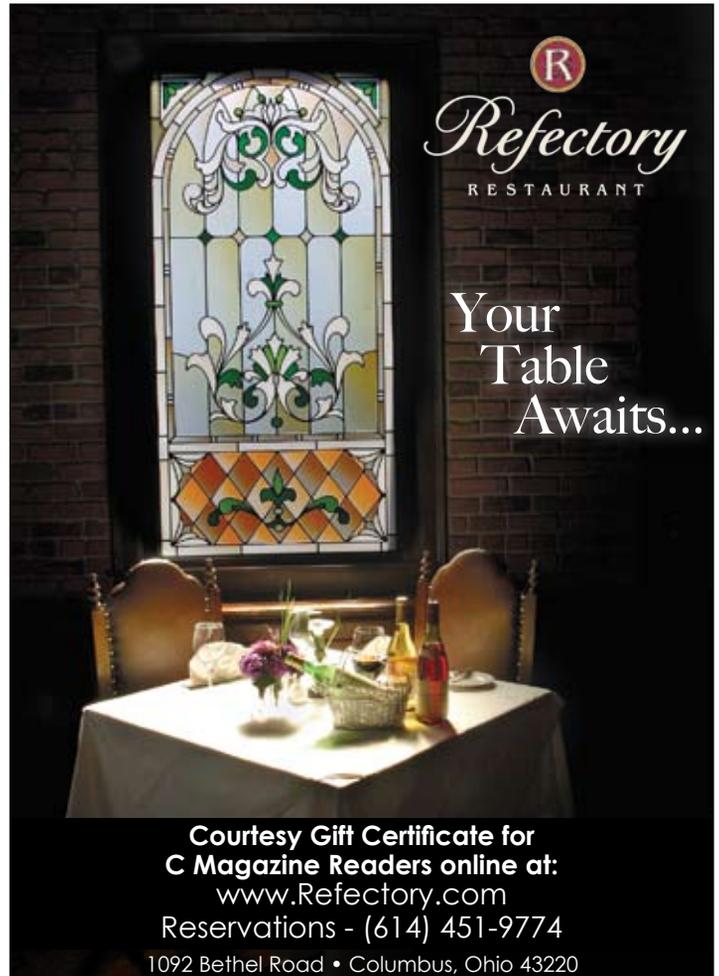
Since deciding on a soup and salad course is so challenging, we invite you to just do what we did, and sample several together. The Duck Confit Ravioli immersed in a fennel broth was a new and terrific idea, while Chef Pawlak outdid himself with his du jour creation of Beer and Cheese Soup with bacon cream. Say it again to yourself and tell us you don't want it... Beer and Cheese Soup!



It's all in the Latitude

Did you know that Ohio's wine country shares the same latitude as some of the most prestigious wine regions in the world? That may be one reason why judges continue to choose them as award winners in international wine competitions. Another reason is that they just taste good.

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When the Warm Spinach Salad arrived, it came dressed with a tasty bacon vinaigrette, some roasted mushrooms and one more interesting topping that will only be revealed to you upon ordering it in person. What a surprise, and what a touch!

OK, enough messing around and dancing about the menu. It's entrée time, so let's eat. When the menu highlights are revealed to you, there will be little doubt that owner Amber Herron has accomplished something big here. She has given American Cuisine its identity back. No longer are Ball Park Franks the bane of our existence! Not if Rabbit Loin has anything to say about it. A bacon-wrapped loin that treated cider reduction and potato risotto like best friends was a gorgeous dish. If you have never enjoyed rabbit before, it kind of resembles the best piece of honey-baked ham you've ever had (ditching the bun and mustard, of course), but even more tender and moist. The same can be said for the Long Island Duck. Paired with a terrific French Malbec from Domaine de Lagrezette, the sour cherry compote was in symphony with this lean, succulent meat, producing a very harmonizing result. Rounding out just a few of the menu highlights would have to be the Leg of Lamb and the Venison Chop. Rosemary and lamb were meant to be partnered, and in fall-off-the-bone fashion, it rests beside a garnish of currants and pine nuts adopting the

caramelized potato rosti as one of their own. Not to be outdone, the Venison Chop will dazzle you with its parsnip-potato puree and basted lignonberry sauce infused right in. It is a hearty meal, fitting right in line with DeepWood's quest to create the perfect American dinner.

By the time desserts began arriving, so did our second wind. Had it not, we might have missed out on the opportunity to devour the Banana Tart Tatin alongside a few scoops of fig ice cream. This presentation was completed with a bourbon caramel, and not a bite was left. You might find yourself asking for more bread so you can lap up every last bit of this sinful treat's remains. Partner this up with a Gran Manier Centenaire and you're right where you need to be. You know the dessert routine. Order a few and everyone stabs at them, right? Well place the Carrot Spice Cake in the table's center and see what happens. Laced with walnuts and brushed generously with a cream cheese ice cream, it's a wonderful way to end.

Call Amber personally for your own tasting package, as superb wine dinners are available. She is all too ready to accommodate your large parties as well. So next time you think about ordering the #5 at your corner Chinese shop, get into a wilderness of flavor. American dining is finally getting itself back in touch with itself, and DeepWood's menu is the proof.



A local custom builder decided to build his personal home a few years ago so that he could add his own carpentry skills. He wanted to make his home step beyond the other local builders in the industry. He chose the floor plan (a custom Keith McVey, the owner's mentor and beloved friend), and his wife confirmed the location: southern Delaware, on the west edge of the Scioto River.

When we drove out to meet with the owners on this beautiful fall day, the selection seemed to make all the sense in the world—the majesty of the water, the crisp fall air, the changing colors abound glittering in the sunlight.

As we toured the home, you couldn't help but notice the quality that blanketed its every area—no painstaking detail missed. Workmanship is what this home is all about, and what better a theme on which to build a family. The open expanse of the first floor accentuates the high ceilings with custom moldings, “bullet glass” transoms and stained glass windows. The huge kitchen's side-by-side fridge and freezer, dark granite tops and accents (mostly stainless and wood) offer air of durable class. Custom light fixtures flow into the great room, where you'll find one of a dozen built-in TV's throughout most of the rooms in the house.

They chose this open floor plan so that when they had a family gathering, they could all be close to one another without being in the same room. They learned from their previous house. Their previous house had a kitchen that was closed off to the dining and family area. They found that they spent most of their time in the kitchen and could not interact with the family during activities.

The owners went with two-tone woodwork. One is a dark poplar and the other is a honey-stained

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Ash, because in the past, that was the way the older homes were designed. They wanted to have the feeling of richness with the darker woodwork, but a feeling of warmth with the lighter woodwork. They also decided to go with Ash doors with bullet glass transoms to give it an old-world feel. To extend the feeling of openness, they matched the doors and hardwood floors.

In the great room, a warm golden gate was chosen to add even more warmth to the house. We wanted to have a feeling of being outside so we added a painted sky to the ceiling with rope lighting built into the Coffered ceiling that could be dimmed when it started to get dark to show the feeling from daylight to nighttime. In the center of the room, we added a tapered fireplace with double-tier mantle to accent the plasma TV. Each side of the fireplace sports build-ins that are used for old photographs of each side of the family. We added honey-stained columns with an arch to separate the foyer from the great room.

The dining area has a large stained window with yellow, red and bullet glass to add more light and color to the dining area. The space also has three dark poplar columns to separate the dining area from the foyer. As for the master, it's totally tricked out with fireplace, huge space for full seating, incredible master spa bathroom and, of course, two more built-in TV's. The daughter's suite is just that -- a suite to say the least! It's got a walk-in closet and a desk with build-ins. It also boasts a Jack-and-Jill full bath that walks into the guest room.

The lower level is really the reason we came here to visit. In our Sports issue, we were looking for the ultimate Buckeye basement. One of the owners'

main focuses when creating this home was to build the best Family/Buckeye lower level they'd ever seen. A place where many can gather, enjoy a Buckeye victory along with friends and family and forget the stress of everyday life was an absolute must.

The color scheme for the whole basement is a deep scarlet and a pub grey, and it flows nicely with the brushed concrete floor. A private theater room first greets you with two levels surrounded by old movie poster art. Just outside this room is an arched custom stone wet bar with build-ins and a 60-inch TV built into the center. To polish out the upscale vibe, the owners integrated granite counter tops; a second full kitchen for cooking and gathering; a full bath; two more bedrooms; a bar-themed billiards area with arched seating; a gaming area; and another full sectional seating arrangement with coffered ceiling.

Rounding out the lower level is a full hidden room that is just beneath the porch because they didn't want to waste any space. A bookcase hides the room and no one even knows it is there. If this weren't enough, the spacious backyard overlooking the beautiful ravine is accessed by way of a walkout lower level that boasts a real putting green and fire pit, classic halftime entertainment.

This basement was designed for entertaining and for Ohio State memorabilia. In fact, most of the memorabilia on walls is from a close friend, Rick Koontz, who died before building the house. The good karma of that lost friend is still there, and you can see it in the eyes of the owners when they talk about him. This is a place where magic happens, and it does every time they fill it with laughter and cheer.

Drop Point

c'ners

Classic Fashion

At the 11th annual The New Albany Classic Invitational Grand Prix & Family Day on September 28, more than 17,000 turned out at the Home of Abigail and Les Wexner. The Classic benefits the Columbus Coalition Against Family Violence. It raised more than \$1 million.



Long Gone

Monday, September 1 marked the end of Cooper Stadium serving as home to baseball in Columbus. More than 16,700 turned out to bid the 76-year-old stadium goodbye. The Clippers open next season in the brand new Huntington Park on April 18, 2008 against the Toledo Mud Hens.



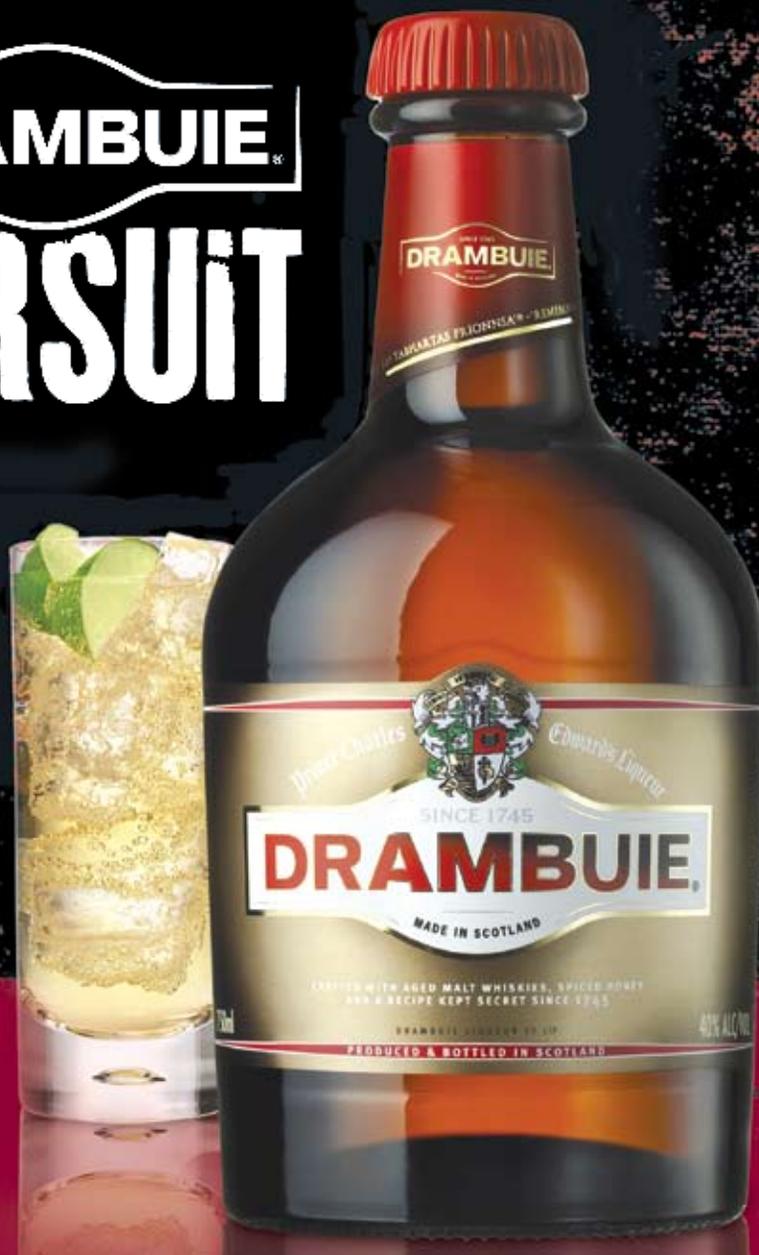
100 Cheers

A short while back, the Art Exchange hosted *Top 100 Images* by Lambertus "Berry" Van Boekel. Van Boekel's immersive installation consisted of hundreds of small paintings of popular musicians produced over the past two decades. Au Bon Pain catered the event, which added to the evening's excitement and fun.



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Due Den

Late last September, Drambuie chose Columbus' Due Amici as the hotspot venue to host one of their Drambuie Den parties. Guests enjoyed wonderfully crafted cocktails and edibles while being able to register to compete in the 2009 Drambuie Pursuit—a 100-mile, all-expenses-paid race across the Scottish Highlands to relive the legend of the late rebel Bonnie Prince Charles.



Perfectly Paired

The sixth year was sensational for the Columbus Food and Wine Affair Grand Tasting. Held September 5, 2008 at the beautifully renovated Franklin Park Conservatory, the event had a record attendance of nearly 2,000 people and raised just under \$168,000. More than 30 of Central Ohio's finest restaurants showcased their signature edibles, and more than 250 wineries poured their liquid magic throughout this amazing night.



Fore Charity

On Monday, September 22, a group of Columbus finest golfers met at Tartan Field for a charity golf fundraiser benefiting the Stefanie Spielman Fund for Breast Cancer Research. While there, the golfers enjoyed 18 holes, beer from Elevator Brewery, Bahama Mamas from Schmidt's Sausage Haus and a silent auction which helped to raise \$5000 in the outing's first year.



Ride 23

How they ride

2009 Nissan GT-R

Owned by Mike Fette

Story | Mike Fette
Photography | Eric Wagner



Godzilla has arrived! The highly anticipated 2009 Nissan GT-R is here, and it is eating up the competition! With only 500 units for sale in 2009 for North America, these babies are on the top of every short list of must-have supercars. I purchased my GT-R through Buckeye Nissan with the help of James “The Salt” Morton, Tim Spires and Steve Anthony. This particular GT-R has a black exterior with frost grey interior (1 of only 12 in that combination), making it extremely rare find.

The performance numbers are staggering for a 6-cylinder twin turbo car. Its zero to 60 is 3.1 seconds, and its quarter mile is 11.0 at 125mph. The performance only starts with lateral acceleration. This car is a civil daily driver that turns into a high performance beast with the push of the accelerator. Where the 09 GT-R shines most is with its unbelievable technology. There is a center display unit that is customizable for each owner’s use. It shows all vital engine information such as turbo boost, transmission temperature, engine temperature and all of the other engine diagnostic information.

However, the coolest functions on the display look like something out of a video game. They show lateral G’s, cornering G’s and braking G’s, all with the last twenty seconds of information the car just performed. Every bit of this info is downloadable to your laptop to help you track and to help you improve your performance. The GT-R is only available with the F1 derived paddle shift/auto stick transmission. Don’t be fooled. This transmission has lightning fast up & down shifts and a cool throttle blip to match revs.

These GT-R’s are made to perform. From the first GT-R, the ALSI, through all of the other generations including the Prince and the Skyline, these cars are race proven winners with unmatched success. The GT-R has been waiting since its early roots of 1955 to come to the USA, now in 2009 “Godzilla” has arrived. It was worth the wait!



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Beyond 270

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Out of the Bag Our Cat Philip

Story | Cary Smith
Photo | Eric Wagner

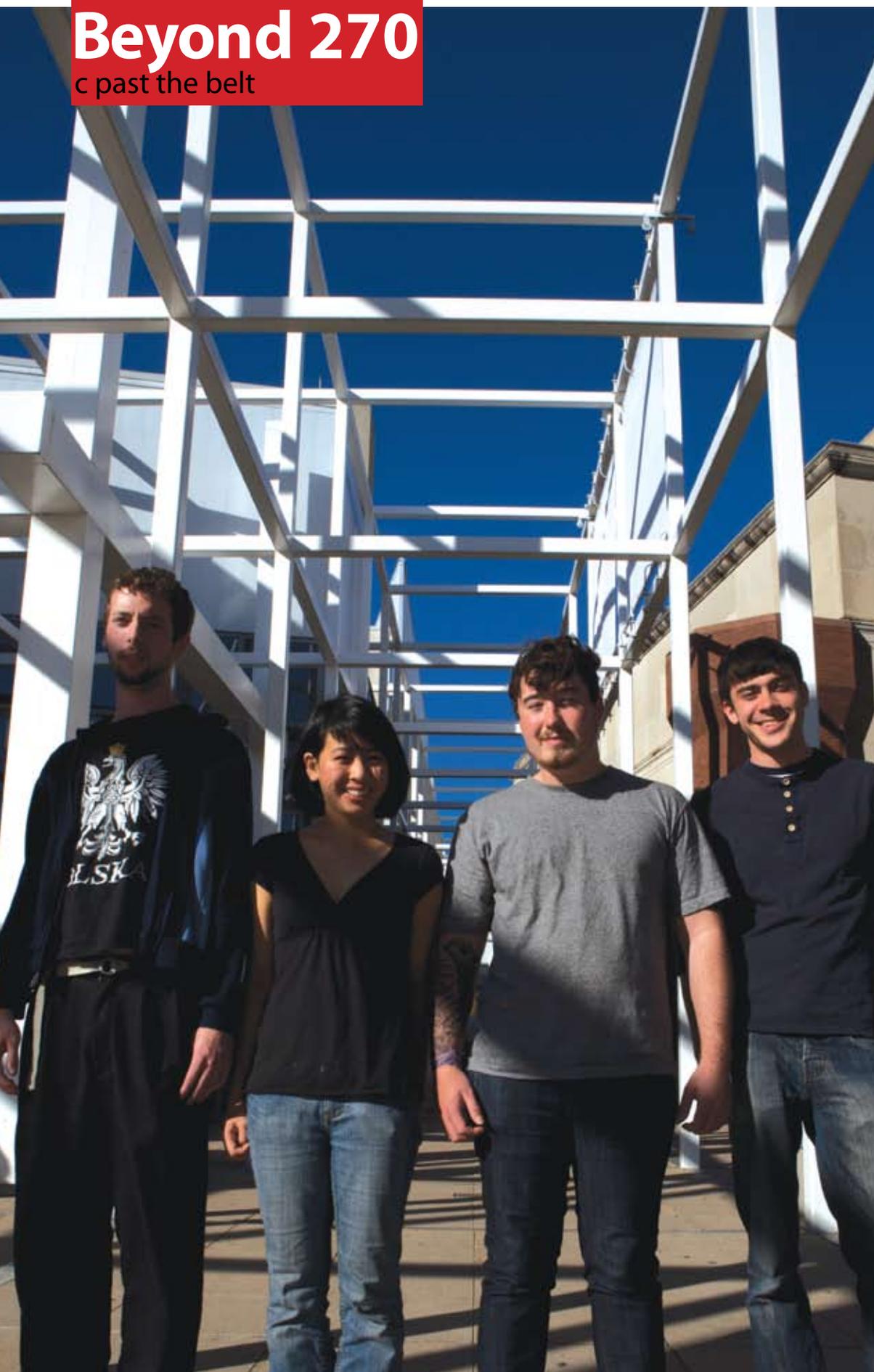
With a name that exudes a level of childhood innocence found in a grade school classroom and catchy pop hooks backed with cellos and violas that get heads bobbing, Our Cat Philip's music isn't easily defined in the Columbus music spectrum.

"We usually call ourselves string-driven folk," says Max Sollisch, who sings and plays guitar, banjo and piano in the group. "We've come up with the term 'kindergarten rock,' because our name kind of sounds like a bunch of kids got together to write music about their cat."

Most of the members of the group met while attending Ohio State and have been playing together for a little over a year. Sollisch, along with Nick Held (drums, keyboards, guitar and vocals) and Jeremy Hendricks (bass, cello and vocals) started playing under the moniker Our Cat Philip around campus bars. "I didn't really ever think I would be playing cello on stage with a band," says Hendricks. "When Max found out that I played cello, he wouldn't leave me alone until I brought it to school so we could mess around with it." The band later added Emily Ng (viola, piano and guitar) to add more depth to their sound.

Once OCP developed a following in Columbus and Cleveland the group recorded their debut album *Apart of Someone* this year, releasing it in August. The album captures the group from its upbeat poppy backing vocals to its slower moments of melancholy emphasized by the strings. The group made the album available for a voluntary donation through their website, a practice that isn't as common among local bands. "We just think it's really important to get our music out there," says Held. "We have fans outside of Columbus that would have a hard time getting the record. This makes it easier."

For more information go to www.ourcatphilip.net



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Final Word

c who's who

Testing, Testing...

Dr. John Lombardo

Story | Jason E. Ohlson

Photo | Eric Wagner

Once a month, *C Magazine* sits down with a prominent Columbus figure to catch their vibe at 5:01. This month, we play mental tennis with Dr. John Lombardo, the first president and one of the founding members of the American Medical Society for Sports Medicine.

There are a lot of alternative substances on the market these days that aren't regulated by the FDA. Where should athletes draw the line?

Athletes should always be really careful because what is on the label is not what is in the bottle. A lot of the times there is no research that been done with these products. Athletes need to understand that they are the research.

Will steroids ever be safely utilized to facilitate rapid healing response?

Any potential benefit that would have been there is gone because of the cheating.

You lived in Chagrin Falls, Ohio. Which Norman Rockwell painting best describes your neighborhood?

I have two that remind me of Chagrin Falls: "Main Street" and "Downhill Daring."

You're being held in a Mexican jail for mistaken identity. Who gets the first call?

Bret Adams.

If you were a gladiator in ancient Rome, what would your name have been?

Densus Pugnator = Intense Fighter. My Jesuit education and all those years of Latin come out.

What is the single greatest coach quote in all of sports history?

"A team is a reflection of the coach. Mine are obnoxious and arrogant" -- Al McGuire.

Tell us one negative thing someone said to you that continues to make you the person you are today?

My advisor in college told me that I was not smart enough to take the course work that I had scheduled for a semester (I had straight A's) and that I was not medical school material.

What are you going to do with your first day or so of retirement?

I'm going to start my book.



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