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**BEYOND 270**  
CARY SMITH, ERIC WAGNER

**FINAL WORD**  
ANNIE BEECHAM, ERIC WAGNER

**DROP POINT**  
ERIC WAGNER, BRIAN HENDRICKSON

**COVER STORY**  
STORY: JASON E. OHLSON, ANNIE BEECHAM  
PHOTOGRAPHY: ERIC WAGNER  
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**ON THE COVER:**  
BOBBY CARPENTER, OSU ALUM AND COWBOYS LINEBACKER, SPORTS HIS VINTAGE OSU TEE  
WHILE CHATTING ABOUT HIS FAMILY, LIFE AND CAREER.

*special thanks*  
BOBBY CARPENTER, TIM FLAHERTY OF POST HOUSE, SCHMIDT'S SAUSAGE HAUS

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Jason Ohlson with Geoff, Patsy and George Schmidt, a whole family of proud Buckeye fans.

from the editor  
[editor@columbusmag.com](mailto:editor@columbusmag.com)

## Buck Wild

I chose to go to The Ohio State University for college because I needed to separate myself from suburban regulated reason. I figured the largest college in the country could provide me the freedom I wanted. The ol' *tabula rasa* was what I was after. Like Kerouac to Big Sur, I came to Columbus to shake the Etch A Sketch of my mind.

Whether I was walking to an early morning class in the middle of a blizzard, talking with a professor or friend in the Oval, or storm trooping on High Street on the way to a game, Ohio State's culture, history and inclusiveness always inspired me. Some call themselves Buckeyes; I call myself an alumni. I learned more at Ohio State than I could ever quantify. I found my wife, business partner, mentors and friends there. I also found myself there, which is why OSU will always feel like home.

This is our OSU issue. When you get a second, drive through campus. Look around. It's evolving. The Gateway project looks sharp; some of the older one-way streets now run both ways; the infrastructure is modernizing; and campus itself is growing—hence it having its own zip code. There's no denying your purpose and place when you are there. And when the Union renovation is complete, it'll feel like a city all to its own.

To champion this month's Buckeye theme, we tapped former star OSU linebacker, and current Dallas Cowboy, Bobby Carpenter. His humble and polite nature made for a cool and casual interview. With a new baby on the way, Carpenter makes it pretty clear this year will be one worth celebrating on and off the field.

Enjoy this issue of *C Magazine*. Go Bucks!

Jason E. Ohlson

# OSU ISSUE 2009



## COVER STORY

### 26 | BOBBY CARPENTER

We chose this Dallas Cowboys linebacker and former Buckeye as the cover story for our *OSU* issue because he represents the best of two worlds – the student and the athlete. A stellar student and star football player, he's maintained the sound dedication that allowed him to play college ball and got him to the pros. Enjoy our exclusive interview and photo shoot.

### 13 | SUITLESS

The individual efforts of OSU grads Demetrius Stanley, Dr. Philip Heit and David Rectenwald are making our city look good. Stanley, a former OSU wide receiver, is shaping bodies as a trainer at SNAP Fitness; Dr. Heit is keeping suburbians fit as founder of the New Albany Walking Club; and Rectenwald is shaping the skyline with architecture projects at Urban Design.

### 36 | THE FARE

There's a reason why Akai Hana is considered one of Columbus' best sushi restaurants: their combination of attentive service, fresh fare and creative presentation have given the restaurant a hard-to-argue reputation as the finest. The renamed Restaurant Japan brings fresh seafood and one-of-a-kind sushi rolls to our landlocked city, and who doesn't appreciate that?

### 45 | RIDE 23

Ellen Hull is passionate about Oldsmobiles—so much that she's acquired a collection of three 1966 Oldsmobile Starfires and even built a garage to house them. She tells us about her pride and joy: a black '66 Starfire with red-bucket seats that wins first place at car meets across the country. Find out the story behind this ride in Hull's own words.

### 47 | BEYOND 270

The band Tin Armor began as a trio of Matts—Matt Umland, Matt Golightley and Matt O'Conke. With a shared name and passion for music, they formed an indie-pop band in 2006. They've since broken from their mold and added Umland's brother, John, to the mix of Matts. We look forward to the release of this deeply introspective group of guys' third album.

### 48 | FINAL WORD

George Schmidt delivers a unique Final Word to us this month. The founder of Schmidt's Sausage Haus and reigning patriarch of the Schmidt family was interviewed by one of his six children, Geoff, revealing all sides of George—from caring husband, father, and grandfather to talented painter, avid golfer and devoted Buckeye fan.

Of course it tastes better than other beers. We've had over 600 years to get the recipe right. Our esteemed brewery has been producing beer in Leuven since 1366. Which means we've been around a bit longer than most. Mind you, over the years our beer has witnessed the odd change or two. For instance, our customers no longer drink it to ward off the Plague, as they used to in medieval times. However, one thing has stayed the same after all these years. Stella Artois is still painstakingly brewed in a time-honored tradition with the choicest ingredients. Which is why our customers have kept coming back for more, even after 600 years.



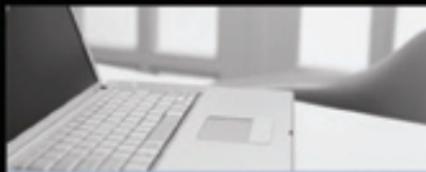
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### BBQ BLUEPRINT TRASH CAN TURKEY

A tailgating and backyard BBQ favorite.

#### GETTING STARTED

- You'll need the following:  
1 NEW metal trash can  
1 wood stake 1" x 2" x 3'  
1 12-15 lb. turkey  
Heavy-duty aluminum foil  
15-20 lbs. charcoal  
Garlic, butter, seasonings

■ The day before you cook your turkey, "cure" the can to remove the harmful galvanized coating. To do this, simply burn a wooden fire inside the trash for at least one hour. Once cooled, scrub the inside with dish soap.

#### COOK IN 6 EASY STEPS

- [1] Pound stake into ground
- [2] Line ground with foil making sure to extend 10" beyond diameter of trash can
- [3] Place turkey on stake so it is hanging 2" off the ground (legs pointing down)
- [4] Place trash can upside down over the impaled turkey
- [5] Start 15 lbs. of charcoal on fire around outside of can and also one layer on top of inverted can. This creates a natural convection oven, which will reach a VERY high temperature.
- [6] For a 10 - 12 lb. bird, cook for 1.5 - 2 hours, or until internal temperature is at least 108°F. You may opt for birds with pop-out thermometers. Add charcoal to maintain a constant heat source throughout the cooking period.



PHOTO: ERIC WAGNER

## ALL HEART Demetrius Stanley

Every football-season Saturday for the last several years, Columbus has been infected by the never-ending smile and equally happy disposition of former Ohio State wide receiver Demetrius Stanley. A commentator for WSYX's Buckeye Football Fever show, Stanley is known for his flashy suits and realistic opinions on sports that some OSU football fans never want to hear.

"Sometimes I say something about the team that might get a fan upset because they think I'm rooting against Ohio State," Stanley says. "I always want to see Ohio State win just as much as they do—I'm just trying to be unbiased and do my job."

His stake in Ohio State started when his father moved to Columbus so he could coach under Earl Bruce, which led to Stanley spending a lot of his childhood around The Shoe and seeing a lot of scarlet and gray.

"I remember when I was really little seeing this tailback, Keith Byars, practicing." Stanley says. "His legs looked like

two big tree trunks to me—the guy was huge. It was around that time that I realized that I really wanted to play for OSU."

As a star at Thomas Worthington, Stanley made his dream come true when he decided to go to OSU. By staying in the city that he had called home for most of his life, every home game became even more meaningful—he was playing for OSU and for Columbus.

After stints with the Miami Dolphins, the Canadian Football League and the Arena Football League, injuries made Stanley focus on finding another career outside of football. He found that in personal training and is a principle owner of SNAP fitness in Grandview Heights.

"Growing up here and playing for Ohio State, this city has been very, very good to me," Stanley says. "I don't see myself leaving anytime soon."

For more on Buckeye Football Fever go to [www.wsyx6.com](http://www.wsyx6.com), or [www.snapfitness.com/grandviewoh/](http://www.snapfitness.com/grandviewoh/) for SNAP Fitness.

■ Cary Smith

## THE OTHER BUCKEYES

We're all very familiar with the greatness of OSU football, but check out these lesser-known Buckeyes who are aiming at, treading on and slicing through the competition.

### PISTOL TEAM

This well-armed group is aiming high for their season opener, the Ohio Cup, set for Oct. 2<sup>nd</sup>.



### SYNCHRONIZED SWIM TEAM

Five current and former Buckeyes participated in the 2009 World Championships, placing seventh.



### FENCING TEAM

The 2009 Midwest conference champions put up a good fight at the NCAA championships, placing third.



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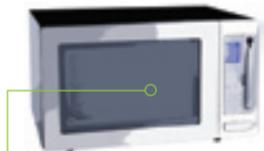
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PHOTO: ERIC WAGNER

**QUICK CLEANS**

From the college dorm room to the home kitchen, it's not hard to accumulate some pretty awful messes. No one likes to waste time cleaning, so here are some tips on getting things cleaned faster, easier and even with a little more fun.



Does your microwave smell more like dirty laundry than dinner? Pour a teaspoon of vanilla extract into a glass measuring cup. Microwave on high for a minute for a fresh and better-smelling microwave oven.



Get the gunk out of your blender after a night of mixing drinks: partially fill the blender with hot water, add a little soap, and run it for 10 seconds, then rinse it out.



At the end of an all-nighter or a day at the office, no one thinks to clean out their coffee mug. Fill it with equal parts table salt and vinegar, and the stains from yesterday's coffee will magically disappear.



**BUILDING BUFF David Rectenwald**

The imaginative architecture of many Columbus buildings has humble beginnings that can be traced back to a teenager's notebook scribbles. David Rectenwald, a Columbus architect who works for Urban Design, is one of those people whose career chose him at a very young age.

"I was always interested in drawing and taking art classes," Rectenwald says. "It wasn't until later that I realized I really enjoyed the challenge of the technical side of architecture, as well."

Originally from Cleveland, Rectenwald came to Columbus to go to OSU, and later returned back to make it his home. Rectenwald's been keeping busy at Urban Design by fixing up interiors of older buildings for a large real estate company, while also designing developments at places like Buckeye Lake, where the final product is influenced by the natural beauty of the area.

"We try to cater what we do to the project and to the client,"

Rectenwald says. "Every project is different and needs a design that will work the best under the circumstances." From Compass Pointe, the Buckeye Lake development, to some of his more current projects, like the interior renovation of the historic Worly Building in the Brewery District, Urban Design takes an approach that is unorthodox for an architect, but makes it work. In a perfect world, they would only deal with the creative aspect of architecture, but the business side of the industry requires the majority of their attention—and the ever-expanding Columbus area keeps them very busy.

Rectenwald sees a lot of potential in downtown Columbus and feels that a resurgence is only in its beginning stages.

"There is a lot of energy and youth in Columbus," Rectenwald says. "There's a lot of projects going on downtown that are going to pump more life into the area."

For more information go to [www.lionmanagement.com](http://www.lionmanagement.com)

■ Cary Smith

**THE BEST LAID PLANS**

In 2004, OSU laid plans to construct a new \$115 million student union, and by November 2007, the existing student union was demolished. The new Ohio Union will feature such highlights as an enhanced Multicultural Center, a two-floor student organization center, student lounges, larger ballrooms, more meeting rooms equipped with state-of-the-art technology, outdoor courtyards for concerts and events, larger cafeteria areas for market-style dining, instructional kitchens for cooking classes, and satellite offices for student services. With 10 months to go, the projected opening of the new Ohio Union is set for spring quarter 2010.





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PHOTO: ERIC WAGNER

THE LONG HAUL Dr. Philip Heit

Marathon runner Dr. Philip Heit felt an unfamiliar, searing pain in his knees while out on a daily run a few years ago. In his third decade as a runner, he had never experienced such pain, and he realized that years of pounding on the pavement had taken its toll—he was forced to find an alternative to his daily run. He went on a walk to think it over and realized a solution was right in front of him when he picked up the pace.

“Why not walk instead of run?” Heit says, “You can get your heart rate up to the same level as if you were running without putting all the wear on your body. Heart rate is heart rate—it doesn’t matter.”

After discovering the benefits of walking, Heit started inviting some people out with him for his new morning routine. The group grew at a fast pace, and Heit realized organization was needed. He formed the New Albany Walking Club, which ultimately led to his organization of the New Albany Walking Classic a few years later.

“It’s all about getting people out and doing something physical,” Heit says. “I think a lot of people never really realized the benefits of walking in relation to running.”

Heit, who can recall getting laughed at for running in Brooklyn in the seventies, before running had really caught on, thinks that our culture perceives walking in the same way that running used to be thought.

It even shows in people’s perception on the New Albany Walking Classic.

“There is this association between walking and walkathons for charity,” Heit says. “I tell people that the only charity you should walk for in the Classic is the one for you and your personal health.”

For more information on the New Albany Walking Classic, go to [www.newalbanywalkingclassic.com](http://www.newalbanywalkingclassic.com)

■ Cary Smith

WORK INTO SHAPE

Ever found yourself sitting at your desk at the office, thinking, “How in the world am I going squeeze in gym

time today?” Then, get this: Dr. James Levine of the Mayo Clinic studied the effect of standing while working, which led to the study of walking while working. Yes, walking. He propped his

desktop up on his treadmill, and EUREKA! Walking just one mile per hour, for one hour, burns 100 - 130 calories. Do all the math, and you are looking at a possible weight loss of 57 lbs. a year.

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Ohiana Dog (\$3) & Hot Bollywood Dog (\$3)

### Dirty Frank's

248 S. Fourth St. Columbus, OH (614) 824-4673 - DOWNTOWN

Oops... she did it again! Betty's, Surly Girl, and Tip Top owner Elizabeth Lessner teamed up with her fiancé/business partner Harold Lareau and opened up Columbus' latest jump-off with Dirty Frank's Hot Dog Palace. Dirty Frank's supplies its patrons with the most eclectic hot dog stand (it's actually a restaurant) in town. Don't believe us? Well, where else can you order a **Hot Bollywood Dog (\$3)**, topped with spicy Indian mango chutney, or the **Ohiana Dog (\$3)**, buried in spicy sweet corn, pickle relish and jalapeno blend? We'll give you a minute. Right, you can't. Bring your significant other, family, or complete stranger—it doesn't matter, because the food is creative, delicious and for the people.

### Johnny Oak's

2348 N. High St. Columbus, OH (614) 268-4613 - CAMPUS

Many North Campus residents keep Johnny Oak's Po Boy & Shrimp Shack a secret, but we stumbled upon this eatery, and we're outing them! Construction workers rehabbing the High Street corridor frequent Johnny Oak's and assure us that their project is near completion. Therefore, get to Johnny Oaks and try their all-so-delicious **Caribbean Shrimp Po Boy (\$6.95)**, served with mango, lime and your choice of hot or not-so-hot spices, before they're flooded with more business than the shack can handle.



Caribbean Shrimp Po-boy (\$6.95)

### La Fogata Grill

740 N. High St. Columbus, OH (614) 294-7656 - SHORT NORTH

The Short North was starving for a quality authentic Mexican restaurant for years. With the opening of La Fogata Grill several years ago, their wishes were answered. Boasting one of the few patios on High Street, La Fogata grill is a regular hot spot for Short Northerners. If you desire good food and drink out on the patio, La Fogata is your place. It's hard to resist their Blood Orange Margarita, but you can't drink on an empty stomach, so it should be accompanied by a hearty **Camarones a la Plancha Salad (\$6.99)**, teeming with grilled shrimp, onions and mushrooms, served on a bed of romaine lettuce, tomatoes, avocados and cheese.



Camarones a la Plancha Salad (\$6.99)

### Bodega

1044 N. High St. Columbus, OH (614) 299-9399 - SHORT NORTH

It's no secret that Bodega's patrons congregate to the patio like twenty-somethings congregate outside the LC for a Killer's concert. The place is just that popular. It could be their selection of 50 domestic, imported and craft draft beers, easily making it the leader of draft beer in Columbus. Although Bodega's menu is casual, they execute each dish with an unsuspected level of sophistication. We discovered this when eating their **Spinach Salad (\$6.00)** – a colorful arrangement of spinach, goat cheese and orange segments drizzled with cilantro lime vinaigrette.



Spinach Salad (\$6.00)

### Club 185

185 E. Livingston Ave. Columbus, OH (614) 228-3904 - GERMAN VILL.

German Village wouldn't be German Village without three things: Schiller Park, old brick roads and Club 185—or simply "185" as the locals refer to it. This well-known restaurant and watering hole's popularity stems from its long history. From Clintonville to German Village, everybody's aware of their infamous 185 Burger. However, a sleeper in reputation, but not taste, is 185's **Smoked Turkey Sandwich (\$6.75)**. It boasts turkey, lettuce, tomato, onion, roasted red peppers and melted havarti on toasted bread, all made to order for your sandwich smashing pleasure.



Smoked Turkey Sandwich (\$6.75)



Pepper Burger (\$7.50)

### The O'Reilly's Pub

2822 N. High St. Columbus, OH (614) 262-6343 - CLINTONVILLE

The line "where everybody knows your name," made famous by *Cheers*, fits O'Reilly's Pub like a glove. The frequented Clintonville establishment is an expert in catering to their customers. Even if you're not a regular, O'Reilly's friendly service and comfort food will fool you into thinking you are. Next time you belly up to the Pub, we suggest you give that BBQ Cheddar Chicken Sandwich a go. However, if you're eyes are seeing red meat, the choice is a no-brainer...the all-so-familiar **Pepper Burger (\$7.50)**, wrapped in black pepper crust, bacon and provolone, will not disappoint.

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## Third & Hollywood

1433 W. Third Ave. Columbus, OH (614) 488-0303 - GRANDVIEW

The Northstar is an organization known for its tasty food and environmentally friendly approach. Good news for all is that they've opened up a new restaurant this summer: Third and Hollywood. Don't worry, you're not going to see Tom Cruise portraits all over the place, Third and Hollywood is just a reference to their Grandview address. Just like The Northstar, Third and Hollywood's image is complemented by its menu. It's sophisticated, but not pretentious. For instance, their **Cheddar Herb Biscuits (\$6.00)** are prepared with the care of a multi-starred French restaurant, yet they eat like an old fashioned American dish.



Cheddar Herb Biscuits (\$6.00)

## Brown Bag Deli

898 Mohawk St. Columbus OH (614) 443-4214 - GERMAN VILL.

Brown Bag's dining room is small and cluttered with wines, soda fridges, and newspaper racks, and there's a line of people waiting to order running through the middle of it, but the sandwiches at the end of that line make it worth it. Besides, Brown Bag might as well be in Schiller Park, and there are tables on the sidewalk outside. The freshly prepared sides and salads go great with the individually pressed sandwiches with clever names like **Village Addiction (\$7.25)**— turkey and cranberry on havarti. Plus, they've got ginger beer and Cel Ray.



Village Addiction (\$7.25)



Sea Scallops (\$6.95)

## Edamame

3946 Morse Crossing Columbus, OH (614) 471-0007 - EASTON

When we stopped into Edamame Sushi + Grill at Easton, we were lavished with three amazing dishes. First was the Cold Soba Box, a shrimp tempura dish that's served with delicious noodles and soy dipping sauce. Then we were treated to the Tonkatsu Box, a fair portion of sliced chicken breast on a bed of rice and accompanied by a side salad. However, the dish that stood out the furthest was the **Sea Scallops (\$6.95)**. Two perfectly pan-seared sea scallops crown a sturdy sheet of mango chutney.



**DON'T SEE YOUR FAVORITE PLACE?**

If it's less than nine bucks for a lunch, e-mail us at [editor@columbusmag.com](mailto:editor@columbusmag.com)

# ART WHERE'S

More to C » p.47

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in a city of "Illumination," a city defined as a place "where the ordinary turns extraordinary." *Cirque Dreams* enacts the journey of nighttime dreamers and the awakening of their imaginations through the inspiration of the cityscape.

Audiences across the country have flocked to witness this awesome experience for themselves. Created and directed by Neil Goldberg, the show displays over 100 contemporary costumes, international performers, special effects, an unbelievable stage set and a hypnotic original score. Those are just a few reasons why *Cirque Dreams* is sure to thrill all ages, and we're sure you'll find a few more of your own!

*Cirque Dreams Illumination* will glow at the Palace Theatre from September 29<sup>th</sup> - October 4<sup>th</sup>. Get your tickets while they are still available at [www.ticketmaster.com](http://www.ticketmaster.com) and experience the dreams for yourself.



## LIGHTS OUT

First, let's clear something up. While *Cirque Dreams Illumination* is not affiliated with Cirque du Soleil, it's just as spectacular and uber-inspiring. The first show of its kind to be performed on Broadway features aerialists, fantasmic performances and mystical sounds, all set



## THE KING LIVES

BB King has defined the Blues for music lovers around the world for more than a half century, and his signature style on his trademark guitar, lovingly known as "Lucille," earned him a spot in both the Blues Foundation and the Rock and Roll Hall of Fame. Now he's bringing the Blues back to Columbus' Palace Theatre for a once-in-a-lifetime performance on October 8<sup>th</sup>. Tickets are available via CAPA at (614) 469-0939, or by visiting the Ohio Theatre box office.



## DRESS UP

It's not often that we get the chance to witness just how much work goes into an Opera production. Now we can with Opera Columbus' Dress Rehearsal on October 21<sup>st</sup> at the Ohio Theatre. This unique, up-close and behind-the-scenes experience will not only give you the chance to see a full production, but allow you to personally meet the artists who make music magic on stage. Visit [www.operacolumbus.org](http://www.operacolumbus.org) for more information on this and other shows.



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# built to last

**Bobby Carpenter** does not fit the mold of a stereotypical jock. To begin with, he's smart. He graduated with a bachelor's degree in economics, which says something in itself. However, he didn't just graduate, he excelled, with a GPA (in economics, let's remember) of 3.0, and at Lancaster High School he was a 3.9 student. He's intelligent, athletic and he's built a model marriage with the woman of his dreams. They cook together and kick it together, with their seemingly biggest disagreements rooted in his roots—that pony tailed, blonde hair he's been rocking for years—and an Abercrombie half-zip jacket he's had longer than the hair, two things that mom would like to see go away.

He's the type of guy that has universal appeal. Men, women, young and old, appreciate the path he's taken—and the paths he hasn't gone down, as well. Truly, Carpenter can do no wrong. He doesn't overindulge in anything. He's reached that kind of mythical balance that athletes spend careers striving for. And the thing is, he's been this levelheaded since middle school, when he made a commitment to himself to be the best he possibly could be.

The following Q&A and photo shoot shows a humble 26-year-old, with wisdom beyond his years. The Dallas Cowboys linebacker is decked out in Homage tees and threads from G&Co in our photo shoot. These jeans, though, aren't the kind he'll be passing on to his newborn, but there's no doubt that those genes will help the newest Carpenter continue the family legacy of athletic prowess.

**Interview:** Jason E. Ohlson | **Intro:** Annie Beecham | **Photography:** Eric Wagner  
**Clothing:** G&CO Couture and Homage



Bobby Carpenter in  
HOMAGE vintage t-shirt  
ROCK REVIVAL denim

## built to last: BOBBY CARPENTER

Q&A

**Some have said that you seem to lack the aggression that once made you a feared OSU linebacker. What's that all about?** Sometimes it's tough to be aggressive when you've moved around a lot and to be able to fully understand what's going on. It's one thing to know what to do, but it's another thing to have it just be an innate reaction when things are happening. It's something that finally started to click at the end of last season. This season, being

you're not around them quite as much—so it's a little different in that aspect. Performance: you know, I probably haven't had quite the level of success that I was hoping to. I played pretty well in my rookie year, and in spots last year. Then this year, for my positional role, I'm probably doing a lot of our nickelbacker stuff and lot of cover stuff. I should be getting a decent amount of playing time with that. Hopefully being on a good team, and having a pretty

Probably athleticism. It's tough when I'm a big, fast guy—I can run and move, flip my hips—and sometimes, just being a white guy, it's tough to overcome that stereotype that people just think you're a big guy who can pound the football. There are a lot of guys who can play positions and have attributes that not many people associate with them.

**What advice do you have for young players who want to play college football?**

You've got to make sure it's a passion. You've got to love it. You've got to put a lot of work in. And you've got to make sure you love it, because if you're good enough to get there, it's an all encompassing job in college, and even more so at the next level.

**Who do you aspire to be like in the NFL?** I really aspire to just be Bobby Carpenter—be what I can be, be the best player that I can.

**At the end of the day, football is nothing more than?** Passion.

**What was your fondest OSU memory?** It's tough because we had a lot of big, great ones. Maybe the Michigan game my junior season. It was kind of a forgotten year, I guess. We only went 8-4. Going into that game we were 6-4. It was a big opportunity for us, and no one really thought we were going to win that game. They were more talented, they were better, and we went down 14-0, and came back and won the game 40-21, or something. It was a huge win in the shoe. It was loud, and it was something that was really special for everyone.

**You've been sighted at local bars like the Big Bang, singing your heart out and having a blast with friends and family. What keeps you smiling each and every day, despite the ever-growing pressures of your job?** Just having a great perspective on life. I'm fortunate to have an unbelievable family, great friends

from back in high school and especially the guys I played with in college. It's great to come back to Columbus and go out with them, and just go to normal bars and have a great time—even down in Dallas it's kind of the same thing—just hanging out with a couple of guys. The people you see and the relationships you build are really what put you through life and get you up in the morning.

**You're a Lancaster native. Describe your younger years and how that area of Ohio shaped your personality and life.**

Well, it's a great area to grow up and live. I had a lot of close-knit friends that lived in close proximity to me, so I was able to walk or ride my bike to their house, and we would just pick up games every day. Nintendo and Sega were around in those days, but we always played stuff outside. That really shaped my athletic career and helped build bonds and friendships as well.

**So the sound of The Shoe when it's loud, how do you explain that?**

I've never been able to quantify that. When you're down there for a Michigan game—you know the two we had at home, and even the UT game my senior year—you can see the vibrations coming off the field. You're yelling as loud as you can to someone five feet from you, and you can't even hear them, you just have to read their lips.

**How do you feel you match up against other linebackers on your team and in the league?**

Very comparable. I'm obviously probably one of the bigger linebackers in the NFL being six-three, two fifty, I can run probably just as well as almost anybody. Having the size, speed and athleticism is what it's all about.

**What about AJ, how do you guys see each other?** We're just great friends and great

“ When much is given, much is required, and you need to be responsible to the people who look up to you. ”

moved around and finally settling in—playing inside now—it's something I'm looking forward to. I'm excited and I think this year could be a big year.

**Explain the physicality of the NFL: What's it really like to crash pads and helmets with the most powerful athletes in the country?** That's probably the one thing that is the biggest difference. People talk about the speed being a lot faster, and you're going to have some fast guys. I'd say everyone is a lot faster, but that's not the toughest thing. It's really the size with the combination of the speed. There's a lot of guys that are very big, that are very strong—they're very powerful—and I'm one of the average-sized guys on the football field. Our offensive line probably averages 335 to 340 pounds. When you go against guys that size, it can be tough.

**Describe your experience in the NFL in terms of team chemistry, performance and positional role.** Obviously, team chemistry is a little bit different in college. You're not living with the guys—

solid role—I'll be pretty excited with that—and hopefully that will be the stuff that takes us to the next level.

**As far as being moved around to different positions: are you cool with that? Is it tough to master?** It's tough to master. To understand it is one thing, but to be able to play and execute it is completely different. That's one thing that's pretty challenging. But it's something that playing different stuff at Ohio State and at Dallas has helped me. At the end of the day, it makes me a better player.

**Isn't that where the injuries come from? The unheard, unseen or unspoken injuries from the constant battle between guys twice your size?** It is, and that's why the injuries in the NFL occur and why they're so violent because everybody is so strong, so big and so fast. It starts to wear on you. The more hits, the bigger hits—they're just all the time, every single play.

**What part of your game do you feel most people overlook?**

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## built to last: BOBBY CARPENTER (continued)

competitors. It's great to work out with him. Everything is always a competition, whether it's lifting or running, and we're just about equal in everything. You've got to bring your A-game every day if you want to be the best.

**So you went to state for swimming. That seems like the oddest sport for a guy like you.** Not state, districts. My mom was a swim coach growing up, it was something my whole family did. I started swimming when I was four years old. I was very, very good when I was younger. As I started getting bigger and focusing on other sports, it kind of fell off a little bit. I came back to it senior year. I just wanted to do something to have fun and be competitive after football and I had a great time doing it.

**Break these down:**

**Breakfast?** I usually make two whole eggs and four egg whites, a piece of toast and a nice little protein smoothie.

**Lunch?** It depends. Maybe a couple chicken burrito bowls from Chipotle, or maybe just some turkey sandwiches.

**Dinner?** My wife is a great cook, she makes all these great dishes—pretty lean stuff—a lot of meats, a lot of vegetables, some whole wheats in there. It's great stuff.

**Snacks?** We've got some raw almonds around the house, a lot of fruit, apples.

**How long have you been married?** I've been married a little over a year.

**How long have you been together?** Five years.

**How did you meet?** She was graduating, and I was going into my junior year. She thought I was a year older than I was or she said she never would have agreed to go on a date with me. I was kind of the young guy.

**And you guys just hit it off?** We hit it off, and she hung around

Columbus and worked while I was in school. When we moved to Dallas, Texas, we got engaged, and we got married. I have a great wife. She loves going out, loves hanging out. We'll sit down and watch sports together, some HDTV. She's very easygoing. She can hang out with all my friends, so that's what makes it easy.

**So, any kids?** No kids yet, but we have one on the way. It's pretty exciting for us. I know it's going to be great.

**What did you study at OSU?** I was a business-econ major.

**Your biggest pet peeve?** I'm not OCD about cleanliness, but my wife leaves the caps off water bottles and stuff all the time, and it kills me. If it spills I'm like, "What's the purpose of having the cap if you're not going to put it on there?" She slightly put the cap on the orange juice one time, and I went to shake and it flew out. I nearly went nuts.

**What fires you up?** I get fired up about politics.

**What pisses you off?** It may be the same thing.

**And what makes you cry?** It may be politics straight across the board. It can be exciting, frustrating and saddening all at the same time when you see the way people live and how nations are run, and how things could be done a lot differently.

**Fondest memory growing up?** Me and my brothers messing around outside, whether it was fishing, riding four wheelers in the field or going sled-riding on the side of our house.

**What talent would you most like to have?** Singing.

**How do you relax?** Just sitting back, watching TV with my wife.

**You're walking down death row. What was your last meal?** I'd have a nice—gosh, since you're

going to die, you can eat whatever you want—but I'd have a nice New York strip steak. I'm not a big carb guy, but I'd probably have a nice doubled-stuffed baked potato, a little broccoli and probably a nice crème brulee or cheesecake for desert. I'd probably be drinking a nice Blue Moon or Miller Light.

**The most annoying thing about your business is?** You see friends come and go so fast.

**What was the most important resolution you ever made?**

I don't know if it's a resolution as much as a goal, but I wanted to get a scholarship to play football, and I decided that in the fourth grade. That's just something I wanted to do, and I figured I was going to work for it. I had seen stuff that my dad had done, and I just said, "Hey, let's go for it."

**Who is the most overpaid person in sports?** Alex Rodriguez is a great player, and he's a target because he makes the most money. I don't know if anyone can justify making \$35 million a year, or whatever it is he makes, just to play a sport.

**If you could have a drink with any figure in history, who would it be?** It would have to be some sort of war general—Alexander the Great, even Adolf Hitler, or George Washington. I'm talking leader of men—how are you a motivator? Those people motivated people to do things that no one else in the world could do, for good or for evil.

**What are your vices?** I'm a workout nut—my wife hates it. If I have somewhere to be, I'll work out until the last minute I can until I need to go there. Also, I love sports. I can watch sports stuff all day, but even more than that, I'm a National Geographic, Discovery Channel guy, too. My wife hates it. I'll watch stuff about all of the old wars, anything about animals, all kinds of interesting stuff.

**What is the single most pivotal event of your life?** When I was in seventh grade, that was when I first was allowed to play football. I was a good athlete, but I wasn't very tough, and I wasn't really that big, and I wasn't very good. I was decent, but I got my butt beat a little bit when we played against eighth graders. I wasn't a very mature seventh grader. After that season, I thought, "This isn't ever going to happen anymore." Once basketball season was over, I started lifting weights a lot to get bigger. So the next year, when I was in eighth grade, I was a lot bigger, a lot better. I was probably the best player on the team.

**How did high school pan out?** I broke my leg my junior year [of high school]. The last game of the season I had a stress fracture. I ended up missing six games. A couple doctors told me I might never play. I had a plate and eight screws in there, and from the day I got out, I went to school. I started lifting with my upper body again. I'll never forget—I started lifting before school. I woke up at five in the morning and crutched down our long walkway into the weight room in the snow (it was in the winter), lifted by myself, showered, and hopped around the weight room on crutches. And I did that every day just to get ready for my senior year. I put on 30 pounds. So many people told me that I wouldn't be able to do it, and I wanted to prove everybody wrong and come back to be a better player than I was before. Well, I did.

**Do you think there is any sort of social responsibility implicit to being a professional athlete?** When much is given, much is required, and you need to be responsible to the people who look up to you. And it's tough. You are [a role model] a little bit, and you need to know that. If you're going to deny all that, then it's pointless.

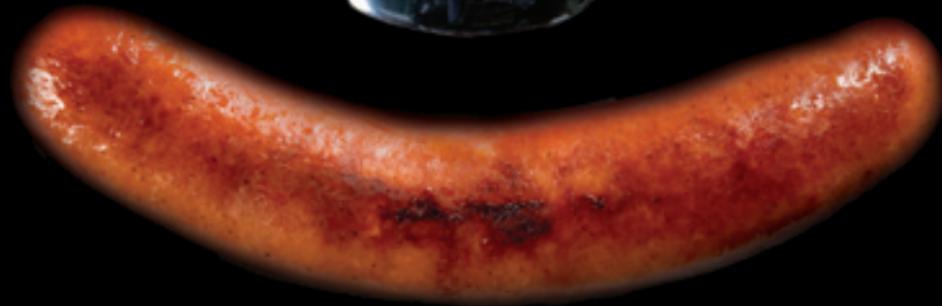


Carpenter in  
JUICY COUTURE Dirty English t-shirt  
LAGUNA BEACH denim

>>>continued on page 33

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## GO BUCKS!

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## built to last: BOBBY CARPENTER (continued)



Carpenter in  
HOMAGE vintage t-shirt  
X-RAY denim

**What is your favorite tradition from your childhood that you would like to pass on to your children?** My wife comes over and we yell more than any other family. Our family yelled at each other all the time. I don't know if that's a great tradition, but everyone in our family is ultra-aggressive. That's what makes us successful. We're competitive SOB's, man—everybody's getting after it.

One of our biggest traditions was to watch *It's a Wonderful Life* on Christmas Eve. I still do to this day, and I love it.

**If you had to describe Tressel in three words, what would they be?** He's caring, he's calculated and he's very loyal.

**What about Maurice Clarett in three words?** Talented, charismatic and unfortunately misguided. He has made some bad decisions in his life, but I still have a hard time saying he is a bad person.

**Ever thought about chopping off your hair?** The thought has crossed my mind more now than ever before. It's hot in Dallas. My wife and parents are on me about it. I told them once I cut it I'm never growing it back. And that's the reality of the situation, so I'm trying to hang onto it as long as possible.

**Who has hit you the hardest?** Brandon Jacobs from New York is pretty tough, and Clinton Portis from the Redskins is a physical runner. If you get caught not paying attention, either of them will knock you out.

**What one thing do you believe is your greatest achievement?** I'd say graduating college. I mean, graduating with a three-point average and an economics degree is something that I am very proud of.

**Which designer owns the most real estate in your closet?** [Laughs] My wife buys my clothes.



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PHOTOS: ERIC WAGNER

A spread of sushi rolls, with the one-of-a-kind Harvest Roll in the foreground.

## SUSHI FOR ALL Akai Hana

1173 Old Henderson Rd. Columbus, OH (614) 451-5411

**WHAT:** Considered by many to be the best sushi joint in Columbus, longtime residents of the city probably remember Akai Hana better under its former name, Restaurant Japan. The restaurant typifies a gathering place for families—Asian, American or otherwise—and has something for everybody. The service is welcoming, hardly intimidating, and if raw fish just isn't your thing, that won't be a problem because Akai Hana caters to all preferences. But if you are indeed a sushi lover, welcome to paradise. The sushi chefs at Akai Hana serve all of the traditional rolls, but have also created originals for the city of

Columbus, like the Buckeye Roll, which you won't find anywhere else.

**WHO:** Owner Takashi Takenaka opened the restaurant in 1986 and owns several other shops in the area. But it is Akai Hana's manager, Tornoko Smith, whom you will encounter when dining in. Smith first began working at the Asian grocery store across from Akai Hana before moving over to the restaurant, where she has been for 13 years. Head kitchen chef, Suckkwan Yoon, has been at Akai Hana for 18 years, as has the head sushi chef, Micky. The youngest of the group, who delicately prepared our sushi, is the junior sushi chef,

with eight years experience under his belt and hopefully many more to come. If experience translates to quality, then diners are certainly in good hands.

**WHERE:** Located a mere five miles from The Ohio State University's main campus, Akai Hana is a gem on Old Henderson Rd. You'll know you've found the right place as the aroma of Japanese food greets you while walking through the parking lot. The soft lighting and elegance of the demure architecture give you the impression of being a little bit closer to Japan—even though you haven't left Ohio. The restaurant's main entrance faces Tensuke

Market, a Japanese grocery store that carries fresh fish, produce and other Asian items.

**WHEN:** Expect the freshest ingredients any day of the week—fish is flown in from New York City or Baltimore every other day. In fact, head kitchen chef Suckkwan Yoon claims it is the freshest fish in Columbus. With seven days of service a week, there are few excuses as to why you can't drop by Akai Hana. But if you happen to stop by when they're closed between lunch and dinner, stroll across the sidewalk to Tensuke Market or the other Asian shops in the area.

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BEHIND THE NAME

While it is still under the same ownership, the name was changed from Restaurant Japan to Akai Hana in preparation for possible expansion into an area chain. If growth occurs, Akai Hana, "Red Flower" in Japanese, would expand to other locations maintaining "Hana" (flower) but choosing a different color for each new venue.



KONNICHIWA

Lunch 11:30-2:00, Mon-Sat.  
Dinner 5:00-10:00, Mon-Sat.  
Sunday 5:00-9:00

Akai Hana is open for lunch every day of the week, except Sundays. Reopening for dinner at 5:00 p.m. gives the chefs ample time to prepare the freshest entrees each and every night. Remember, on Sundays, they are only open for dinner.

Annie Beecham & Molly Busser



The interior of Akai Hana seats up to 130 guests. A private room is available for parties of up to 30.

**THE TEST:** Akai Hana's chefs had our full attention as they gave us a culinary performance. Korean dishes and sushi platters had us reaching across the table and eating family style, enjoying everything as if it were a mad rush. That's exactly how Smith and her staff want it to be—a family restaurant that mitigates the intimidation factor of raw fish by providing a little something for every taste, all in a comfortable environment.

We began our meal with two plates of tempura: vegetable and shrimp. Akai Hana's tempura is as quality tempura should be—lightly battered and exceptionally crisp. A delicious plate of sautéed scallops and a dish of Negima Yaki (sautéed beef wrapped around scallions) completed our sample of the flavorful appetizers.

Next, we moved on to a series of entrées, starting with the Seafood Stone Bibim Bap, one of six Korean dishes on the menu. The Bibim Bap is cooked and served in a large iron pot brimming with various Asian

mountain vegetables, bean sprouts, cucumbers, noodles, and seafood, served with rice and a spicy sauce. The Suki Yaki was also served to us in an iron pot, containing beef ribeye, vegetables, tofu and noodles. These two traditional dishes lend themselves to sharing—so even though you might want to, don't hog it all. We sampled the warm and comforting Sansai Soba: buckwheat noodles cooked in broth, topped with spinach, mushrooms, scallions and other Japanese vegetables.

And then began our conquest of Akai Hana's sushi menu that we had been anticipating all day. We warmed up with the Harvest Roll, which is wrapped in a soybean based sheet, rather than nori. It's filled with fall flavors, like sweet potato, Japanese pumpkin and tofu, and topped with a miso dressing. But the creativity didn't stop at choice of ingredients—the sushi chef arranged the roll in the shape of a dragon's face. Next was the Buckeye Roll, filled with sweet potato and cream cheese, topped with barbequed eel and lightly

drizzled with sweet BBQ sauce. We dug into the Sushi and Sashimi Combo: consisting of nigiri, various sashimi, and a tuna roll. The Green Hornet Roll followed, filled with spicy tuna and covered with flying fish roe and jalapenos.

After a 15-minute breather, we were digging into the Spider Roll: soft shell crab with spicy mayonnaise. The Power Up Roll was next, also an original creation that exemplified the sushi chef's amazing talent. Filled with asparagus, tempura, eel, avocado and flying fish roe, don't let this roll intimidate you—it's a must-have. We filled up on two spicy rolls before calling it a day. The Dynamite Roll is filled with soft shell crab and calamari and is doused in explosively spicy mayonnaise. The Spicy Scallop Roll consists of scallops, also tossed in spicy mayonnaise, then baked with chili peppers. Akai Hana has certainly captured the attention of their guests with this roll. It's their most popular.

PALATE PERFECT

Akai Hana's menu is stacked with over 100 Japanese and Korean items. Keep this triple-header in mind if you're feeling a bit overwhelmed: start with the Shrimp Tempura as a light appetizer; then take on the Seafood Bibim Bap, a Korean dish; and top it off with the Power Up Roll, an Akai Hana original. Don't forget drinks—one of their eight sakes is a must.



NOW YOU KNOW: ☯

Most are familiar with Yin and Yang, but few know the origins of this universal philosophy, which comes from the *Book of Change*. The book presented two polar energies that were simply called "light" and "dark." Only later did they come to be referred to as Yin and Yang.



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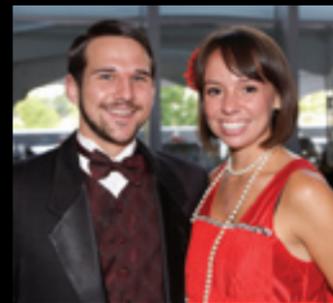
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**SCHMIDT'S OSU KICK-OFF** | *C Magazine* and friends took over Schmidt's party room on August 23<sup>rd</sup> to kick off the OSU football season. The invite-only guests received a complimentary Bahama Mama or brat and a Schmidt's original cream puff. Attendees were able to preview and purchase original OSU paintings by George Schmidt, otherwise only available online through Schmidt Buckeye Classics.



**DRESSING UP** | Dress for Success Columbus hosted the first annual "Cocktails for a Cause" gala at COSI on August 21<sup>st</sup>. The roaring 20's themed party was replete with cocktails, hors d'oeuvres, Jeni's ice cream, a Charleston contest, fashion show and silent auction with live jazz music provided by the band Gruvment.

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**STELLASTARR\* GIVEAWAY** | The winner of our Stellastarr\* contest, Mike Crosky, and three of his lifelong friends enjoyed steaks, beer, dessert and good conversation at the Bexley Monk on July 21<sup>st</sup>. After an incredible dinner and excellent service provided by the Monk's staff, Mike and his friends caught a slammin' Stellastarr\* show at The Basement, where it seemed like everyone wanted to congratulate our winner.



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**COCKTAILS FOR A CAUSE** | The Jeff Johnson Institute paired with Todd Tuney, philanthropy manager for the Limited Brands, to present Cocktails for a Cause at the Eleven Lounge on July 29<sup>th</sup>. Complimentary hors d'oeuvres and Courvoisier cocktails were provided. Proceeds and donations benefited the Boys & Girls Clubs of Columbus.



**NIGHT OUT ON THE TOWN** | Jack Sands, a recent Suitless feature, had all the luck when he won our Select Comedy Series Night on the Town. On August 18<sup>th</sup>, Sands, his wife Vicky, and two friends began their evening with dinner at Hyde Park, where they geared up for the Lynyrd Skynyrd concert at The LC. After the concert, the group headed to Mozaik for after hours, where they sipped on complimentary champagne.



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www.andersonpark.com



**'66 OLDSMOBILE STARFIRE**

In 1992, at the Kruse Classic Car auction in Auburn, Ind., I was looking to buy a 1967 Chevrolet Impala SS 396—the car I had in high school. Instead, I brought home the black '66 Starfire, with a 425 big block motor (375 hp). It was an all-original car with 34,000 miles, black with red strato-bucket seats, power antenna, cruise control, tach and tri-bar spoke wheel covers. It has a Turbo-Hydramatic 400 transmission and a Rochester four-barrel carburetor. A three-core radiator was added to correct an overheating problem and duel flow masters were added to the exhaust system for "effect." It still has a mirror-shine, even though it comes from a 26-year-old acrylic lacquer paint job.



Ellen Hull, Owner

I joined the local chapter of the Oldsmobile Club of America and also joined the Starfire Club. As treasurer, vice-president and later, president of the club, I became passionate about Oldsmobiles, oddly enough having owned five Chevys prior to 1992.

I've attended many car shows, including the Oldsmobile Homecoming car show event held in Lansing, Mich., every June, where you will see over 500 classic cars coming back to roost for one day. As 1966 was the last year of the Starfire (made from 1961-1966), only 13,019 were produced, and the model was replaced by the new front-wheel-drive Toronado. Statistics show there are only 624 left in the U.S. and only 16 in the state of Ohio.

I enjoy swap meets and have "snipped" many Oldsmobile parts on Ebay. Three years ago, I built a 20-by-40 foot garage to house the "Stars." I have three '66 Starfires, but the black Starfire is the real "show" car and has won first place at every National Meet since I've owned it.

Ellen Hull



**THE LOW DOWN**

The Oldsmobile Starfire was produced from 1961 to 1966 and was considered a luxurious, top-of-the-line ride. In 1961 it was the most expensive Oldsmobile on the market—\$4,647 for the base model, the equivalent to \$33,522.59 today.



**OVER THE AIR WAVES A BRIEF HISTORY OF THE CAR RADIO**

Before the advent of the car radio, drivers and passengers actually cruised in silence. We have William Lear and Elmer Wavering to thank for the gift of car tunes. While on a double date in 1929, one of the men's girlfriends remarked that a car ride would benefit from some sweet melodies. As diligent boyfriends, the duo took the suggestion to heart and tediously fitted a car with a home radio, eventually selling the idea to a man named Paul Galvin. The Great Depression was a minor obstacle in Galvin's path to promote the expensive technology, but with a little persistence and business smarts, he eventually founded the Motorola Company. Through the gift of music, Lear, Wavering and Galvin have made better the lives of every commuter, road tripper and pleasure cruiser.

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**ART WHERE'S**  
Continued from p.23



**BROTHERLY ROYALTY**  
Due to the recent success of their hit song "Use Somebody," many might think that Kings of Leon are new to the scene. A quick peruse of YouTube will disprove that notion in a second. The alternative rock band, formed back in 1999, consists of brothers who interestingly enough all go by their middle names, Anthony "Caleb" Followill, Ivan "Nathan" Followill and Michael "Jared" Followill, with their cousin Cameron "Matthew" Followill. These kings play the Schottenstein Center on September 23<sup>rd</sup>.



**SHARED PASSION Tin Armor**

The original three members of Tin Armor came together in 2006 not knowing much more about each other except that they all shared the name Matt and that they all wanted to start a band. A network of mutual friends had been the thread that stitched together the first pieces of the unique indie-pop band that would become a huge success in the Columbus DIY-house-show scene and eventually burst into other venues of the city.

"It was really kind of awkward at first when we got together," guitarist and vocalist Matt Umland says. "We really didn't know much about each other, but it didn't take long to realize that there was something working."

Umland had come to Columbus looking to play music. Along the way, he met some people from the Cleveland scene who had friends that were moving to Columbus. Those friends, Matt Golightley (bass and vocals) and Matt O'Conke (drums) with Umland were the first inception of Tin Armor. Umland's brother, John, has recently brought his

guitar to the group and become a permanent fixture.

"I know it doesn't sound so great, but a lot of our songs seem to be centered around disappointment," John Umland says. "There hasn't been much of that for us in the band—it just seems to be a common theme."

Taking inspiration from groups such as The Band, The Smiths and Brendan Small, Tin Armor is working on their follow-up to *A Better Place Than I Have Been* with something that has a little more than the regular guitars and drums approach.

"We've been doing this thing where we look at great bands from the past and try to figure out what it is that makes them so great," Matt Umland says. "Then we try to take that in our own way for inspiration."

For more information go to [www.tinarmor.blogspot.com](http://www.tinarmor.blogspot.com)

—Cary Smith

**ODE TO THE ANTHEM SONGS OVER 10 MINUTES**

Nothing beats sitting back, popping on the headphones and dropping the needle on one of your favorite songs. OK, so you probably aren't dropping any needles on the vinyl, but load up these marathon melodies on your iPod and give your mind the minivacation it deserves.

<p>13:40 "Voodoo Child" - Jimi Hendrix</p>	<p>14:37 "Rapper's Delight (Long Version)" - Sugarhill Gang</p>	<p>16:58 "B*****'s Brew" - Miles Davis</p>	<p>11:53 "The Past is a Grotesque Animal" - Of Montreal</p>	<p>11:42 "The End" - The Doors</p>
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PHOTO: ERIC WAGNER



## OLD WORLD CHARM George Schmidt

Once a month, *C Magazine* sits down with a prominent Columbus figure. We let George Schmidt, founder of Schmidt's Sausage Haus, give this month's Final Word. One of his six children, Geoff, conducted the interview, and through the father-son conversation we learned why it is that everything this patriarch touches turns to gold.

**What is the most important lesson you've learned from owning one of Columbus' crown restaurants?** I've learned that you've got to gain the trust of the people who come in the restaurant in order to keep them coming back as often as they do and for them to tell other people what a great place it is to eat. You can't buy word of mouth.

**If not a restaurateur, what would your dream job be?** I think

I'd like to be an architect. I've fooled around with building models all my life, and I just like that.

**Describe Columbus in a few words.** A fun place to live.

**What do you order when you eat at Schmidt's?** I order the Bahama Mama, and the potato soup is one of my big favorites.

**What's your favorite flavor cream puff?** I like the vanilla—the original—cream puff.

**Why do you think Schmidt's has been so successful?** Well, we've given the public what they like at a reasonable price. The building is also an historical landmark. A lot of fun people come and they just seem to let their hair down and have a lot of fun. It's unique food—it sure is—and nobody else has brats and Bahamas like we do—and cream puffs.

**Where is your favorite vacation spot?** Marco Island. We had a condo right on the Gulf of

Mexico, and the whole family enjoyed it, so I think that would be my favorite spot.

**What makes you get out of bed?** The challenge of a new day.

**Are you a good cook?** Well, I'm not a good cook—I'm good at grilling. My wife is the best cook in the family.

**What accomplishment are you most proud of?** My family. They are a great six kids. They've worked with me

throughout my career since I first opened. They just kind of stepped right in helping, bussing, cooking—they did everything. And they're still working, all six, and that represents the fourth generation of the family. And the fifth generation is coming up, a couple of grand kids are now working.

**What should people spend more time doing?** Eating out more often at restaurants [laughs]. Restaurants are a vital part of the

Columbus area.

**What are you afraid of?** Nothing!

**Favorite sport's team?** The Buckeyes.

**What do you want people to know about George Schmidt?** That I'm an honest, hardworking restaurateur in German Village—and a good father and husband.

**What are your vices?** My wife says I have none!

■ Annie Beecham



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